

Psalm 30:11,12 The IMPORTANCE of PRAISING GOD
DAVID'S RESOLVE

This Psalm shows the **importance** of praising God for His goodness. To be **unthankful** is a great sin to God. David here has enjoyed a wonderful deliverance and recounts its blessings “***that*** my glory may sing Your praise and not be **silent**”!

Being unthankful when we receive blessings is a great sin in God's sight. Men are “***without excuse***” for “***although they knew God***” (through **general** revelation) they did not glorify Him “***did not give thanks to Him***” in [Rom 1:21]! Men are therefore excuseless for not giving thanks for daily blessings!

You know, even when an **unbeliever**, in his **ignorance**, but aware of 'Some Outside Power' 'delivering' him from near disaster, if he **gives** thanks even to a 'Power he does **not** know', **that** is something God takes 'cognizance' of! “***The Lord is near to all who call on Him, to all who call on Him***” [Psa 145:18] – even in ignorance. God “***winked at***” ignorance! It is when men **completely reject** the possibility of a God that 'controls' events, and **refuse** to be **thankful** and go on their way **opposing** God's **Providence** - that is what is truly serious!

In this Psalm, we have David **resolving** to praise God for ever. David was counting his blessings! Note: “***You have brought up my soul from Shoel***” + “***You have healed me***” + “***You brought me up***” + “***You restored my life***” + “***You made my mountain stand strong***” + “***You turned...my mourning to dancing***” + “***You loosed my sackcloth***” – **all so that** “***that*** my glory may sing Your praise and not be silent. O Lord my God I will give thanks to You **for ever**”! **Six** times David mentions what the Lord has done for him! He **spells out in detail** the circumstances and is deeply grateful and thankful! He cannot be silent.

APP It is important that we ‘spell out’ to God the very details of God’s blessings to us – whether it is deliverance from enemies (as David on many occasions) or on the sale of your house, or a rise in your salary, or not **caught speeding** on A9!

Although **people/angels** are involved, note David exalts the **Lord!** “*I will extol You O Lord*” for angels are messengers are but **agents sent** by God to help and deliver us “*Are not all angels ministering spirits sent to serve those who will inherit salvation*”[Heb 1:14] When someone comes and helps you, I hope you **realise** that it was **God** who **sent** them!

David is also grateful because it was an **answer to prayer!** “*I cried to You for help and You have healed me*”[2]! **APP** God does take note of our prayers - even when we are **going thru a rough time**, perhaps even when filled **with doubt** about God’s goodness! It is so important that we **never stop** calling on God!

David is able to give thanks to God that his enemies did not get rejoice “*You...did not let my foes rejoice over me*”[1] – something which David **feared!** David often prayed that his enemies would not gloat over his misfortunes **APP** In enjoying particular blessings, it is good to thank God for the things we were afraid might happen, did not happen.

COME JOIN WITH ME

David now calls upon his godly friends to **join** him in praising the Lord! “*Sing praises to the Lord O you His saints*”[4]. **APP** Most people when they celebrate call their friends to ‘**uncork a bottle!**’ David calls them to come and worship! We **are** to “*rejoice with those who rejoice*” and no doubt David did.

Now David was a **man of great experience** – great experience of **life!** He had many ‘highs’ and ‘lows’ from his earliest childhood! Killing a bear and a lion, killing Giant Goliath,

hunted by the King up and down the country, he knew what it was to have a life full of **wide ranging** and **varied** experiences. Yet he can say in all honesty “*His anger is but for a moment, and His favour is for a lifetime; weeping may tarry for the night, but joy comes in the morning*”[5]! This is David’s **overall, universal conclusive statement** about his life with **God!** The big perspective on life, for David is, problems are for a moment, blessings are for ever. Life is wonderful with God!

David is **not pretending** life is good with God, he really does **enjoy life** with God. He knows what it is like to be full and to be empty, to be rich and to live in a cave! And in the midst of all the ‘blows’ he gets he can say “*In the way of Your testimonies I delight as much as in all riches*”![119:14] God’s providences are “*More to be desired than gold*”[Psa 19:10] David was **not exaggerating** when he said these things. David was truly happy in the Lord.

If we are truly thankful to God for what we already have (ie if we **recognise** that all we have is from God and that we are unworthy of it), then God **will** give us **even more satisfaction**. “*Let them give thanks to the Lord for his unfailing love and His wonderful deeds for men, for He satisfies the thirsty and fills the hungry with good things*” [Psa 107:8,9] James “*He gives more grace*” to whom? To the **humble!** The humble person is the person who is already **using** the grace of humility – that is the point James is making

If you are **feeling empty/dissatisfied**, then try to recognise all God’s goodness to you and praise Him. Remember “*who made you to differ from another? And what do you have that you did not receive?*” [1Cor 4:7] Nothing! You could have been born in the Sudan/Ethiopia/Orient; you could have been born to deprived parents; you could have been handicapped at birth! Who regulated and determined these things? God! God gave

you all the wonderful things you have! Having a thankful heart **brings peace to the soul.**

All **kinds** of people are to give thanks to God – because **all kinds of people** receive blessings from God. *“The eyes of all look to You, and You give them their food at the proper time. You open your hand and satisfy the desires of **every** living thing. The Lord is righteous in all His ways and loving towards **all** He has made”*[Psa 145:15cf].

The psalms are full of commands that all **classes** of people giving thanks to God for His wide range of mercies! In Psa 107, on the sea and on the land we have to give thanks to God! Even the **heathen** and even **fools** through their sins are to give thanks to God! We need to **acknowledge** God's mercies in everyday life. When men, even unbelievers, **acknowledge** the Divine Being, however **ignorantly**, this is pleasing to God Himself! It has its 'reward' although not eternal salvation. How much more for Xns!

Very often we hear Xns **complain** (even Asaph in Psa 73) at the **prosperity** of the wicked!! And all of us have grieved at it too! Why does God **bless** these wicked people when they have so much going for them anyway? It makes some people deny the existence of God! It was one of the reasons the great atheist **Bertrand Russell** refused to believe Xnity! The *“goodness of God leads to repentance”*! [Psa 107:42] says the righteous man **rejoices** at God's mercy to these 'worldly' people! *“The upright see and are glad”*[42]! It is a **beautiful** thing to see someone rejoice over another persons good **fortune**! But that is what the **grace** of God does – it makes a man **kind-hearted**! Even in Shakespeare's **Scrooge** we see the change

APP God does **not** want you/I to **be silent** about all the good things He does for us! How do **you** give thanks to God? What **songs** do **you** use? Is it the 'Lord's Song' or a **worldly** song?