

## Psalm 37: Do Not Fret?

(October 15, 2021)

**Psalm 37** (as well as **Psalm 73**), is a reminder of evil people and workers of iniquity *will* have their day of judgment. For most of us, it cannot happen quick enough, but all things are in God's hands, not ours. In lieu of this, what is our demeanor to be?

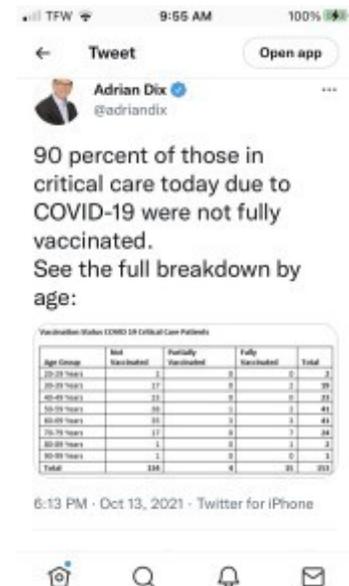
Today, we are faced with the constant barrage of lies and misinformation regarding CV-19 among other things. People are literally being feared into believing that if we do not follow all the rules and mandates, including the vax, we will all *die*. It is difficult for me to believe that so many have fallen for this, while unlimited abortions are still allowed and pushed. When I hear Christians say the government or pharma really wants to help, I'm dumbfounded at what appears to be their naiveté.

Certainly CV-19 can be lethal, just like the flu, but the belief that by ignoring all the measures foisted on society by those in power will result in massive deaths is simply too difficult for me to believe. A [friend of mine has written his the first part of his review of Klaus Schwab's book, \*The Great Reset\*](#). I encourage all to read it and pass it on. This entire pandemic is simply being used to usher in the final global kingdom and I'm dumbfounded when I see Christians especially who seem unable to see this reality.

It's one thing to be aware of a danger and use common sense to avoid it. However, it is quite another thing to be so occupied by that danger that a person lives in constant fear even when that particular danger has a 99.8%+ survivability rate. How is it possible that most of society has been taken in by the fruit of generated fear? The temptation to pray imprecatory prayers against evil is too great at times.

Evil doers and workers of iniquity appear relentless in their goal to be supreme with unlimited amounts of energy (**2 Timothy 3:13**). This makes sense when we realize it is Satan, the father of lies, energizing and working through these people for his own goals. The image above is a perfect example of this type of fear-mongering. Please note that on its face, it *appears* to be a truthful statement with the included chart seeming to prove it. Note the use of the words, "*fully vaccinated*." This is where the deception begins.

According to the CDC, anyone who has only had one portion of the CV-19 vax or has had the second portion but is *not* beyond the [14th day after the second jab, is officially considered to be \*unvaccinated\*](#). So while that tweet above appears true on its face, in reality, the lack of clarification in the tweet gives the wrong impression because it does not include the CDC information. CDC creates subterfuge by the way it explains things. Several [studies support the fact that many are dying after full vaccination](#).



Here's an ICU physician [in California writing a letter to the FDA and CDC](#) stating that she has never seen so many adverse reactions to a vax in all her twenty years of practicing medicine. Then you have [more cases of cancer](#) in those who've gotten the CV vax. The possible reason for this is highlighted in a video [linked in my last article](#). Is the jab compromising people's immune systems to the point that many are not only having adverse reactions, but experiencing cancer and other issues, including death?

Again, the tweet on the previous page only *appears* to be truthful, when in reality, it leaves out information that would clarify the actual truth. A [young college student in Georgia died from complications due to CV](#), yet his sister said he was fully vaxxed. The student was a personal trainer in great health. Yes, people *are* dying from CV without having been vaxxed, but the fact that people are dying from CV after having been fully vaxxed is largely being ignored because that would create a fear the powers that be do not want. It is good to see other pastors speaking against the jab from their pulpits, like [Pastor Jeff Durbin](#) (may need Telegram app to view).

What is going on throughout global society today appears to have an end game. If it is not a *depopulation* program, then at the very least it is a *control* program. It appears like someone or a group of someones wants to control society, just like all Chinese citizens are controlled in China. Cargo ships off of both U.S. coasts are not being unloaded. That spells a disruption in the supply chain, doesn't it? As gasoline prices continue to rise, that will also affect the cost of goods - everything from groceries to heating fuels for our homes. Society is being squeezed.

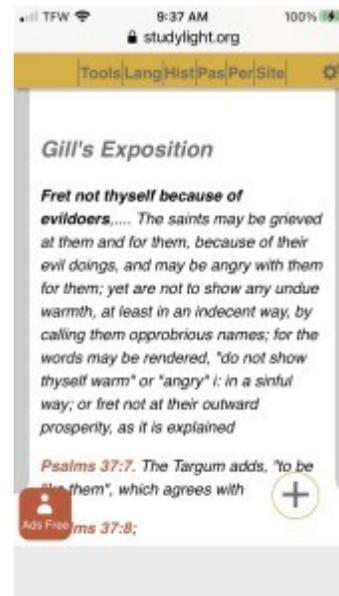
I've said before the Tribulation that is coming will not simply appear overnight with nothing building up to it. The Tribulation will *begin* with a specific act highlighted in **Daniel 9:24** (Antichrist brokering an agreement between Israel and Arab nations in that region). That particular event is very specific but in order for it to happen, the world has to get to that point. It's not going to be sun and roses and then all of a sudden, everything goes dark and an agreement is brokered. The situation allowing the Tribulation to occur is now being *built*.

Things are being orchestrated and put in place that will ultimately bring about the Antichrist and his political deception, allowing him to gain full and total control of this world. Without the grunt work of globalists now, the Tribulation would not be coming into sight. As I've also mentioned previously, these same globalists who think they are working for their own welfare and longevity are actually creating a new world order that will ultimately be wrested from them by Antichrist himself. They can't see this coming because they don't read the Bible, a book they loathe, written by the God they hate.

Once they have the world where they want it, thinking they have finally gained full global control, the Antichrist will come up from *outside* their group and, initially through political intrigue and deception, will gain mastery over them and become *the* world ruler in spite of their all the effort they put into elevating themselves over the rest of society. They will then realize they did the grunt work for Antichrist. Imagine how disappointing that will be to them?

So how do we circumvent the temptation to "fret" about things in the world today (and what does "fret" mean)? **Psalm 37** has the answer. Here are the first several verses of this Psalm.

*1 Do not fret because of evildoers,  
Nor be envious of the workers of iniquity.  
2 For they shall soon be cut down like the grass,  
And wither as the green herb.  
3 Trust in the Lord, and do good;  
Dwell in the land, and feed on His faithfulness.  
4 Delight yourself also in the Lord,  
And He shall give you the desires of your heart.  
5 Commit your way to the Lord,  
Trust also in Him,  
And He shall bring it to pass.*



The directive to believers is seen in the first three words: *Do not fret*. Today, fret often means *worry* or *anxiety*. That's certainly part of it but in the Hebrew, it's much more than that. It means to become *angry* or *wrathful* at evil doers and workers of iniquity. Gill makes this clear when he says, "*The saints may be grieved at them and for them, because of their evil doings, and may be angry with them for them; yet are not to show any undue warmth, at least in an indecent way, by calling them opprobrious names; for the words may be rendered, 'do not show thyself warm or angry...in a sinful way, or fret not at their outward prosperity...'*" (emphasis added). **2 Peter 2:7** bears this out as well. It is often difficult for believers to constantly have to deal with the growing level of evil and depravity throughout society. It's tempting to pray for God's judgment.

Yet, clearly, we are not to be angry at the evil doers or workers of iniquity. This goes against our natural man, doesn't it? Remember when the Bible says, "*be angry and sin not*" in **Ephesians 4:26**? There are times to be righteously angry but even there we must be certain that we do not step over the line into sin. In the case of **Psalm 37:1**, David is telling us to not even waste time being angry at these evil doers and workers of iniquity. They will be dealt with by a righteous and holy God.

Judging by the many people on social networks who say what they really think regarding all of the evil that is growing throughout the world, it is very difficult for many to put hand over mouth in order to keep from saying what we think.

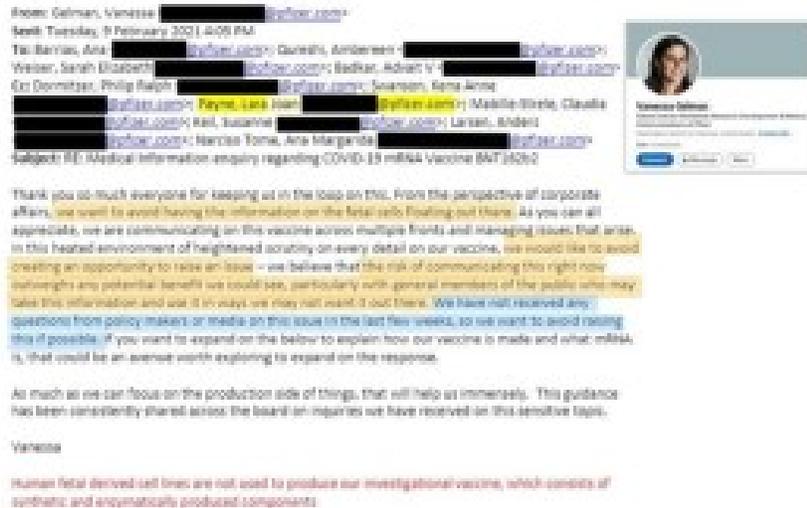
Why should we avoid anger toward them? Verse **2** answers the question. No matter how evil people become, they will "soon" be cut down like the grass and wither as the green herb. Here today and gone tomorrow. The word "soon" of course is from God's perspective, not ours. God, who exists in eternity and not governed as we are by time, will deal with evil one day "soon" and when people even try to look for it, it won't be there.

So the big question for the authentic Christian is this: *how* do we keep ourselves from being angry at everything we see evil doers and workers of iniquity do? How do we not become angry at these things when we know that they are taking advantage of and deliberately destroying lives and livelihoods?

The Psalmist tells us in the remaining verses **3 - 5**. First, we are to "*trust the Lord.*" This is done in the way we think, speak and live. We are to "*do good.*" In other words, we are to continue doing what our Lord would do in the face of constant evil, resting in the fact that evil will be dealt with and God Himself will sustain us. Because of that, we can focus on spreading the Gospel and doing the things God wants us to do. If we are sidetracked by hateful thoughts borne of anger because of evil people and their iniquity, we will not be doing good, but sowing our own evil.

Okay, raise your hand if this is easy for you. Seriously, we know it's *not* easy. There is nothing easy about this! The clue is that we must actively and constantly decide to turn away from evil thoughts and to refocus our thoughts and attention on *delighting* in the Lord (v **4**). It is impossible to do both simultaneously, but depending upon your personality, it may be very difficult to give up our wants for His. We either focus on evil people and their works or on delighting in the Lord. When we do the latter, we are actively renewing our minds (**Romans 12:2**). This takes effort, doesn't it? It may take a great deal of effort. We have to be deliberate about it so that we live in obedience. To obey is better than (the act of the) sacrifice (**1 Samuel 15:22**). The act of giving is usually much easier than being obedient *from the heart*.

What I'm going to say may sound morbid, but it's not meant that way. It actually helps with *perspective*. When I think about my death that will take me from this life to the next, it is amazing how so many things will just drop away. What will I be doing after my death? In His Presence, I will spend eternity worshiping and delighting in Him automatically because of the lack of my sin nature. It won't be effort then. It will be a natural outflow of the new nature I will have without a hint of sin.



The reality that I will die one day causes many of the things I now tend to worry about to become nothing to worry about. Thinking about my death helps put things into perspective because I know what happens after I die just as I know I will die. This is not morbid or morose. This is biblical fact that helps me understand what is and what is not important.

Understanding my death is in front of me makes it easier to refocus on the Lord, to commit my ways to Him and trust also in Him. The more I do this, the more my will is conformed to His. The more my will is conformed to His, the more my desires are transformed into His and He will then give me the desires of my heart because they are now God's desires in me.

I so wish I could say trusting the Lord is easy, but at least for me, there seems no easy way. It takes work as it seems a constant battle to purposefully change my focus, to work things out (as Paul says in **Philippians 2:12**), and force myself to do what I'm supposed to do. That means that I use my God-enabled effort to focus on Him, not the situations surrounding me in this life.

So what is your *focus*? Is it focus on evil people and the evil they create or is it instead to focus on God, His love, His justice, His promises and His sovereignty? That is our choice and what we do with that choice determines whether we live in freedom and praise or overwhelming fear, anger, and defeat in this life.