## The Heidelberg Catechism

## 105. What does God require in the sixth Commandment?

That I do not revile, hate, insult, or kill my neighbor either in thought, word, or gesture, much less in deed, whether by myself or by another,<sup>1</sup> but lay aside all desire of revenge;<sup>2</sup> moreover, that I do not harm myself, nor willfully run into any danger.<sup>3</sup> Wherefore also to restrain murder the magistrate is armed with the sword.<sup>4</sup>

<sup>1</sup> Gen 9:6; Lev 19:17-18; Mt 5:21-22, 26:52; <sup>2</sup> Prov 25:21-22; Mt 5:25, 18:35; Rom 1:19, 12:19; Eph 4:26; <sup>3</sup> Mt 4:7, 26:52; Rom 13:11-14; Col 2:23; <sup>4</sup> Gen 9:6; Ex 21:14; Mt 18:6-7; Rom 13:4