

- I. Hope for the patriarchs
 1. Abraham

 2. Isaac

 3. Jacob

 4. Joseph

- II. Hope for us

Application Questions

- Where are you most tempted to despair?
- Do you struggle with depression? Depression can be both a spiritual and a physical issue. See a pastor or elder if this is a struggle for you.
- Do you feel certain about the promises God makes for this life and for Christ's return?
- Which of God's promises most help you to have joyful hope? How do you need to start talking back to despair with the hope of these promises?

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