

# He Renews My Spiritual Health

Psalm 23:2c

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*The Lord renews my spiritual health when my spiritual life is upside down.*

- I. My journey through life can \_\_\_\_\_ my spiritual health.
- II. Spiritual illness exposes me to spiritual danger.
  - A. The danger of complacency – a \_\_\_\_\_ spot
  - B. The danger of the self-life – too much \_\_\_\_\_
  - C. The danger of success – \_\_\_\_\_
- III. My shepherd works \_\_\_\_\_ to restore my spiritual health.