

“The Sabbath Was Made For Man . . .”
(1689 London Baptist Confession, Ch.22 01.10.15)

Text: Mark 2:27

Theme: God made the Sabbath Day in creation for all men until the end of the world.

- I. “The Sabbath was made . . .” Gen. 1:26 – 2:3, 2:15-25
 - A. Four Creation ordinances
 1. Sabbath Day
 2. labor
 3. marriage
 4. fruitfulness

- II. “The Sabbath was made for man . . .”
 - A. Adam was head of human race – not a Jew.
 - B. Sabbath-keeping was a continuing practice from Adam to Abraham.
 1. The first piece of Biblical evidence for the continuing practice of the Sabbath Day is the sacrifices Cain and Abel offered to God.
 2. The second piece of evidence for the continuing practice of the Sabbath Day is that Noah apparently kept the Sabbath Day.
 3. The third thing the Bible tells us that shows the continuing practice of the Sabbath Day is that the Hebrews kept the Sabbath Day holy when they were in the desert, after God had delivered them from slavery in Egypt.
 - C. God gave man the Ten Commandments, and the Fourth Commandment tells us to “Remember the Sabbath Day, to keep it holy.”
 1. Summary of God’s moral law for all men.
 2. The Lord Jesus did not abolish any of them; rather He affirms the authority of the Ten Commandments over all men

- III. Application
 - A. We must reject the false teaching that the Sabbath was established in the Ten Commandments for the Jews only.
 - B. We must reject the false teaching that the Sabbath Day was created as a forward-looking memorial.
 - C. We must reject the false teaching that the Fourth Commandment was abolished by Jesus.
 - D. We must strive to obey all of the Ten Commandments, which means that we must “Remember the Sabbath Day, to keep it holy.” We must keep one day in seven set apart to be with God and worship Him and do the things He tells us to do on His day, the Lord’s Day, all day long, not just for an hour or two.