1 Kings 19:1-18 Introduction

- I. In Elijah we witness the hills and valleys of faith in the Christian life.
- II. This word is important because it addresses depression, which continues to be a real struggle for many of God's people.

The Prophet Standing for the Lord (9) From the Juniper to the Mount

I. The Depressed Prophet

A. We see from his actions the classic symptoms of someone who is depressed.

B. What explains this depression of Elijah under the Juniper tree?

II. The Lord's Encouragement

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A. We notice from the text the merciful presence of the Lord with Elijah in his depression.

- B. God speaks two things as a word of encouragement to Elijah:
 - 1. After seeing a strong wind, an earthquake, and fire, Elijah hears a still, small voice.
 - 2. God says to Elijah, now get to work. I have things for you to do.

III. The Lessons Learned

- A. In our lives, especially in depression, we must learn to think according to truth and not according to our feelings.
- B. God has a purpose for us in our lives, which is to serve Him and serve others.