

I Have It All
Ephesians 1:3-14

Our great need of comfort ...

I. The Distress of Sin

- A. Relentless Agitation
- B. Desperately Restless
- C. A Matter of Life and Death

II. A Divine Remedy

- A. Sovereign Grace
- B. Sacrificial Love
- C. Filial Devotion

III. Grounds for Assurance

- A. God's Mercy
- B. Revealed in the Gospel
- C. Received by Faith

... for body and soul.

Children, Listen ...

1. When did all mankind's problems begin?
2. Can anyone be truly happy without God?
3. What did God do to bring people back into a good relationship with Him?
4. Is there any way to belong to God without having Jesus as our Savior?
5. Can you say that you are not your own, but that you belong to your faithful Savior Jesus?

The Heidelberg Catechism
Lord's Day 1

1. Q. What is your only comfort in life and death?

A. That I am not my own,
but belong with body and soul, both in life and in death,
to my faithful Savior Jesus Christ.
He has fully paid for all my sins with His precious blood,
and has set me free from all the power of the devil.
He also preserves me in such a way
that without the will of my heavenly Father
not a hair can fall from my head;
indeed, all things must work together for my salvation.
Therefore, by His Holy Spirit He also assures me of eternal life
and makes me heartily willing and ready
from now on to live for Him.

**2. Q. What do you need to know in order to live and die
in the joy of this comfort?**

A. First, how great my sins and misery are;
second, how I am delivered from all my sins and misery;
third, how I am to be thankful to God for such deliverance.