

"Life is Hard, Short, and Meaningful, So Redeem the time." (Psalm 90)

To redeem the time, **Reverently Acknowledge Who God is** (v 1-2)

<A Prayer of Moses the man of God.> Lord, You have been our dwelling place in all generations.
² Before the mountains were brought forth, Or ever You had formed the earth and the world, Even from everlasting to everlasting, You are God.

To redeem the time, **Reverently Acknowledge God's Faithful intervention in your life, though it may be painful** (v 3, 7-8)

To redeem the time, **Reverently Acknowledge the Reality that Life is Short** (v 4-6)

To redeem the time, **Remember that Life is also Hard** (v 9-11)

³ You turn man to destruction, And say, "Return, O children of men."
⁴ For a thousand years in Your sight *Are* like yesterday when it is past, And *like* a watch in the night.
⁵ You carry them away *like* a flood; *They are* like a sleep. In the morning they are like grass *which* grows up:
⁶ In the morning it flourishes and grows up; In the evening it is cut down and withers.
⁷ For we have been consumed by Your anger, And by Your wrath we are terrified.
⁸ You have set our iniquities before You, Our secret *sins* in the light of Your countenance.
⁹ For all our days have passed away in Your wrath; We finish our years like a sigh.
¹⁰ The days of our lives *are* seventy years; And if by reason of strength *they are* eighty years, Yet their boast *is* only labor and sorrow; For it is soon cut off, and we fly away.
¹¹ Who knows the power of Your anger? For as the fear of You, *so is* Your wrath.

To redeem the time, **Pray for Wisdom and Seek the Enjoyment of God's Mercy** (v 12-17)

¹² So teach *us* to number our days, That we may gain a heart of wisdom.
¹³ Return, O LORD! How long? And have compassion on Your servants.
¹⁴ Oh, satisfy us early with Your mercy, That we may rejoice and be glad all our days!
¹⁵ Make us glad according to the days *in which* You have afflicted us, The years *in which* we have seen evil.
¹⁶ Let Your work appear to Your servants, And Your glory to their children.
¹⁷ And let the beauty of the LORD our God be upon us, And establish the work of our hands for us; Yes, establish the work of our hands (Ps. 90:1-17 NKJ)

* What does this mean to you?