The Heidelberg Catechism

114. Can those who are converted to God keep these Commandments perfectly?

No, but even the holiest men, while in this life, have only a small beginning of such obedience,¹ yet so that with earnest purpose they begin to live not only according to some, but according to all the Commandments of God.²

¹ Ecc 7:20; Rom 7:14-15; 1 Cor 13:9; 1 Jn 1:8-10; ² Job 9:2-3; Ps 1:1-2, 19:13; Rom 7:22-25; Php 3:12-16; Jas 2:10-11