

**Message #7: Defeating Depression  
1 Kings 19:9-18**

**Introduction:**

**Faith-Rest is the perfect inner peace in the presence of outer adversity.**

**Fact #1: Depression \_\_\_\_\_ reality (vv. 9-10)**

**Fact #2: Depression elevates self-\_\_\_\_\_ over God's Word (vv. 11-14)**

**Fact #3: Depression may be caused by \_\_\_\_\_ theological perspectives (vv. 15-18)**

**Inaccurate Perspective #1: God's expectations are \_\_\_\_\_ (vv. 15-17)**

**Inaccurate Perspective #2: I'm the \_\_\_\_\_ one standing (v. 18)**

**Conclusion:**

**When we deal with \_\_\_\_\_ and serious depression, the answer is to \_\_\_\_\_ to the Lord and His Word.**