

**EDGEMONT BIBLE CHURCH**

PASTOR DOUGLAS A WHITE

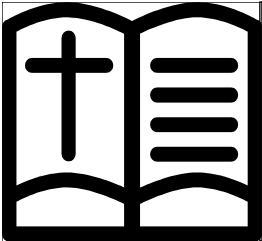
***“BEING A RESTORED HUMAN”***



***“WE ARE WHAT WE EAT”***

**JOHN 6:26-59; SUPPORTING SCRIPTURES**

- I. OH, MAGNIFY THE LORD WITH ME!** Psa 34:3; 69:30
- A. *The provisional plan of YAHWEH YIREH*
  - B. *His powerful packing system*
  - C. *The power of change and life-giving benefits*
  - D. *A brief history of food’s importance in the Bible*
    - 1. *Sustaining life on the planet*
    - 2. *The vehicle through which both life and death would come*
    - 3. *The daily reminder of the need for repentance*
    - 4. *The vehicle through which a prophecy came*
    - 5. *The vehicle through which the blessing was passed*
    - 6. *Sustenance in the wilderness journey*
    - 7. *Evidence of God’s blessing in the promised land*
    - 8. *The work and labor of the promised land*
    - 9. *The sign of fellowship among friends and strangers*
    - 10. *A miraculous provision used as a teaching tool*
    - 11. *A shared opportunity in one’s salvation*
    - 12. *Used as a great “leveler” among divided people*
  - E. *The gift of God; hormonal release of fellowship*
- II. THE SIGN OF BLESSED FELLOWSHIP**
- A. *God chose a meal as a remembrance of the Exodus into His freedom and blessing; it was done together and revealed their unity with Him and all who were being set free: PASSOVER*



- B. *Jesus chose a meal to be the sign of our blessed fellowship with Him and one another: THE LAST SUPPER*
- C. *The church used that meal as a symbol of their delivery and the promise of the shared eternal kingdom of God; God with us; being grateful for God’s grace (Charis): EUCHARIST*
- D. *It was so important it became the primary means of sharing with one another and creating community; the hospitality gift of evangelism*
- E. *It is that meal the LORD and His bride will share together to enter the eternal kingdom of God*

**III. NEW MEANING TO AN OLD HABIT: YOU ARE WHAT YOU EAT; EAT RIGHT! John 6:26-59**

- A. *Jesus is the bread of life, the bread of God, the bread of heaven given by the Father that whoever comes to Him will never hunger and who believes in Him will never thirst*
- B. *Jesus says He is the living bread (the bread that gives life); He says the bread that He gives is His flesh; He is God come in the flesh therefore to eat His flesh is to believe fully that He is God in the flesh: HIS PERSON*
- C. *He says His blood is drink indeed; the only way to drink that blood is if it is no longer in its divine carrier; this speaks of His shed blood: HIS WORK*
- D. *As we eat food to live, we eat Christ to live forever; together, alone, with full trust in His person and work*