

Six Lessons for Guarding the Mind

1. Transformative renewal 2 Corinthians 5:15-17 CSB —
The gospel
 - **Repent** of worldly perspectives
 - Embrace your new identity (God's idea) in Christ
2. Living Sacrifice Romans 12:1-3 CSB
 - Do not conform to ideas of this age
 - Be transformed to understand God's will
 - Renewing the mind
 - Don't hold your own ideas too highly
 - Sound mind
 - Sober self assessment
 - Curbing passions
 - Self-control
 - God given faith
3. Mind of Christ 1 Corinthians 2:12-16 CSB
 - God's Spirit is given that we might understand spiritual truths
 - Speak spiritual truths led by the Holy Spirit
 - Spiritual truths are foolishness to those that don't have a relationship with Christ
 - A spirituality controlled mind can discern
 - We are not judged
 - We have the mind of Christ when we set our mind on the Spirit
4. Walk by the Spirit Romans 8
5. Armor of God Ephesians 6:11-18 CSB
 - Especially the "Helmet of salvation"
6. Destroying strongholds 2 Corinthians 10:3-5 CSB —