## Isaiah 40:28-31 RENEW YOUR STRENGTH

- I. Weak youth.
  - A. Man's life on earth is movement and activity.
    - 1. To run and to walk are figures of speech for human activity.
    - 2. This activity occasions man to be "faint" and "weary" and "utterly fall."
  - B. In contrast to our weakness and despair God points to the eagle.
- II. God calls us to know (learn and remember) Him.
  - A. See Him in the revelation He gives of Himself in His names.
    - 1. The "everlasting God."
    - 2. "Jehovah."
    - 3. "The Creator of the ends of the earth."
    - 4. "And there is no searching of His understanding."
  - B. We are enabled to renew our strength only by waiting upon Jehovah.
    - 1. This is the desire for His instruction as we walk and run our way through life.
    - 2. It is an expectation.
    - 3. And it is a serving.
- III. In this way we experience a renewing, for it is a trust that His way is for our good, in perfect wisdom and love.
  - A. This renewing is a gathering of strength of purpose and resolution, for we find our help and strength in Jehovah..
  - B. This is something we and the children of Judah should know and should have known (28).