

Therefore Do Not Be Foolish

Ephesians 5:1-21

Therefore Be Imitators of God - 5:1-2

Therefore Do Not Become Partners with Them - 5:3-16

Therefore Do Not Be Foolish - 5:17-21

Ephesians 5:17 Therefore do not be **foolish**,

Foolish (aphrōn): pertaining to not employing one's understanding, particularly in practical matters—'foolish, senseless, unwise.'

Ephesians 5:10 and try to **discern** what is pleasing to the Lord.

Discern (dokimazō): to test; to examine

Ephesians 5:17 Therefore do not be foolish, but **understand** what the will of the Lord is.

Understand (syniēmi): The comprehending activity of the mind denoted by *syniēmi* entails the assembling of individual facts into an organized whole, as collecting the pieces of a puzzle and putting them together. The mind grasps concepts and sees the proper relationship between them. Such understanding includes the moral and religious awareness of man's heart

Zodhiates, Spiros. 2000. In [The Complete Word Study Dictionary: New Testament](#), electronic ed. Chattanooga, TN: AMG Publishers.

Romans 12:2 Do not be conformed to this world, but be transformed by the renewal of your mind, that by testing you may discern what is the will of God, what is good and acceptable and perfect.

1 Thessalonians 4:3-8 For **this is the will of God**, your sanctification: that you abstain from sexual immorality; <sup>4</sup>that each one of you know how to control his own body in holiness and honor, <sup>5</sup>not in the passion of lust like the Gentiles who do not know God; <sup>6</sup>that no one transgress and wrong his brother in this matter, because the Lord is an avenger in all these things, as we told you beforehand and solemnly warned you. <sup>7</sup>For God has not called us for impurity, but in holiness. <sup>8</sup>Therefore whoever disregards this, disregards not man but God, who gives his Holy Spirit to you.

1 Thessalonians 5:18 give thanks in all circumstances; for **this is the will of God in Christ Jesus for you.**

Ephesians 5:4 Let there be no filthiness nor foolish talk nor crude joking, which are out of place, but **instead let there be thanksgiving.**

General and particular

General will: all the commands of the scripture.

Particular: what pertains particularly to your life- job, marriage, where you will live etc.

Ephesians 5:18 And do not get drunk with wine, for that is **debauchery,**

Debauchery (asōtia): behavior which shows lack of concern or thought for the consequences of an action—‘senseless deeds, reckless deeds, recklessness.’

‘what one does when the mind is absent.’

Alcohol interferes with the brain's communication pathways and can affect the way the brain looks and works. Alcohol makes it harder for the brain areas controlling balance, memory, speech, and judgment to do their jobs, resulting in a higher likelihood of injuries and other negative outcomes. [Niaaa.nih.gov](http://Niaaa.nih.gov)

Brain health: Marijuana can cause permanent IQ loss of as much as 8 points when people start using it at a young age. These IQ points do not come back, even after quitting marijuana.

Mental health: Studies link marijuana use to depression, anxiety, suicide planning, and psychotic episodes. It is not known, however, if marijuana use is the cause of these conditions.

Athletic Performance: Research shows that marijuana affects timing, movement, and coordination, which can harm athletic performance.

Driving: People who drive under the influence of marijuana can experience dangerous effects: slower reactions, lane weaving, decreased coordination, and difficulty reacting to signals and sounds on the road.

Baby's health and development: Marijuana use during pregnancy may cause fetal growth restriction, premature birth, stillbirth, and problems with brain development, resulting in hyperactivity and poor cognitive function.

Tetrahydrocannabinol (THC) and other chemicals from marijuana can also be

passed from a mother to her baby through breast milk, further impacting a child's healthy development.

Daily life: Using marijuana can affect performance and how well people do in life. Research shows that people who use marijuana are more likely to have relationship problems, worse educational outcomes, lower career achievement, and reduced life satisfaction.

Substance Abuse and Mental Health Services Administration

Ephesians 5:18 And do not get drunk with wine, for that is debauchery, but **be filled** with the Spirit,

Be filled (plêroō): to fill; supply abundantly with something

Ephesians 5:19–20 addressing one another in psalms and hymns and spiritual songs, singing and making melody to the Lord with your heart, <sup>20</sup> giving thanks always and for everything to God the Father in the name of our Lord Jesus Christ,

Ephesians 5:21 submitting to one another out of reverence for Christ.

Submitting (hypotassō): obey; be obedient

The filling and control of the Holy Spirit will lead us to a spirit of humility, to the spirit that gives us the desire to seek the welfare of others before our own and to be mutually submissive.

MacArthur, John F., Jr. 1986. [Ephesians](#). MacArthur New Testament Commentary. Chicago: Moody Press.