Discovering MY SHAPE

MINISTRY

C.L.A.S.S. 301

DMS

First Baptist Church Coahoma

Student Workbook

Dates: Oct. 19^{th,} 26th, Nov. 2nd, 9th 2014 @ 6:00 pm

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Session – 3 Nov. 2nd

HEART--

MONITORING MY HEARTBEAT

Definition: "HEART"

- a. "The organ that pumps your blood"
- b. "Your emotional constitution or disposition"
- c. "The vital force or driving impulse"

The Bible uses the term "heart" to represent the center of your motivation, desires, and inclinations.

(Ps. 37:4) "Delight yourself in the Lord and he will give you the desires of your heart."

My heart determines...

* Why I say the things I do

"The mouth speaks what the heart is full of" Matt. 12:34 (GN)

* Why I feel the way I do

"The Word of God... examines the thoughts and motives of the heart." Heb. 4:12 (Ph)

* Why I act the way I do

"Guard your heart, for it is the wellspring of life." Pr. 4:23

MY HEART IS THE REAL ME!

Physiologically, each of us has a unique heartbeat. Each person has a slightly different pattern. Likewise, God has given each of us a unique emotional "heartbeat" that races when we encounter activities, subjects, or circumstances that interest us. We instinctively feel deeply about some things and not about others.

This God-given motivation serves as an internal guidance system for our lives. It determines what your interests are, and what will bring you the most satisfaction and fulfillment. It also motivates you to pursue certain activities, subjects, and Environments.

WHY HAS GOD GIVEN EACH PERSON A UNIQUE "HEARTBEAT"?

Rev. 17:17 "God has put it into their hearts to accomplish his purpose..."

God had a purpose in giving you your inborn interests. In fact, your emotional heartbeat reveals a very important key to understanding God's design and intention for your life.

The Bible makes very clear that your heart was designed by God, but you make the choice to use it for good or evil, for selfish purposes or for service.

You may have..."... selfish ambition in your heart..." James 3:14

Or you may..."... Serve the Lord with all your heart." 1 Sam. 12:20

Or you may "... Do the will of God from your heart." Eph. 6:6

How can I do God's will and serve God's purpose? By letting my heartbeat motivate me for *ministry!*

1 Tim. 3:1 (Ph)"It is quite true to say that a man who sets his heart on becoming a church leader has a

laudable ambition."

TAKING A SPIRITUAL EKG

If you are like most people, you have never taken time to sort out and identify the things you are good at and motivated to accomplish. As a result, it is unlikely that you use these talents as completely or effectively as you could. The key to understanding your heartbeat is to look at your past accomplishments.

This exercise is adapted from the book <u>Finding A Job You Can Love</u> by Ralph Mattson & Arthur Miller (Nelson, 1982).

STEP 1: LIST AND DESCRIBE YOUR ACCOMPLISHMENTS SINCE CHILDHOOD

What to Include:

- * Accomplishments at home, school, work, etc.
- * Things you **enjoyed** doing.
- * Things you believe you did well.
- * Give specific details about what you did.
- * Forget what other people think about it.
- 1. Remember, you're recalling things you *enjoyed doing* and *did well* (accomplishments), not simply pleasant experiences

BAD EXAMPLE: Had a great vacation in Canada GOOD: Took some stunning photos during my vacation

2. You do not have To cover every year of your life. Just focus on what **you feel** are the highlights of things you've done.

MY HIGHLIGHTS OF THINGS I DID WELL AND ENJOYED DOING DURING MY GRADE SCHOOL YEARS

1.

2.

AS A TEENAGER

1.

2.

3.

IN COLLEGE OR EARLY 20'S 1.	
2.	
3.	
4.	
IN MY "THIRTYSOMETHING" YEARS	
1.	
1.	

COMPLETE UP TO YOUR PRESENT: 1. 2.

3.

4.

The more you can list the better. Get another sheet of paper!

STEP 2: DISCOVER THE MOTIVATED DIRECTION OF YOUR HEART

Examine your achievements for a common motivational thread. You might find a key phrase repeated. See if you can match one of the "heartbeats" listed below as samples.

Remember these are ALL God-given motivations. They are only sinful when used selfishly. Every one of these can be used in effective ministry. Don't be embarrassed to identify a basic heartbeat that doesn't *seem* spiritual! Almost every one of these can be identified in the ministry of one of the twelve Apostles!

I LOVE TO ...

DESIGN AND DEVELOP -- I love to make something out of nothing. I enjoy getting something started from scratch.

PIONEER -- I love to test out and try new concepts. I am not afraid to risk failure.

ORGANIZE -- I love to bring order out of chaos. I enjoy organizing something that is already started.

OPERATE / MAINTAIN -- I love to efficiently maintain some things that is already organized.

SERVE OR HELP -- I love to assist others in their responsibility. I enjoy helping others

C.L.A.S.S. 301 – DMS Student workbook succeed.

ACQUIRE AND POSSESS -- I love to shop, collect, or obtain things. I enjoy getting the highest quality for the best price.

EXCEL -- I love to be the best and make my team the best. I enjoy setting and attaining the highest standard.

INFLUENCE -- I love to convert people to my way of thinking. I enjoy shaping the attitudes and behaviors of others.

PERFORM -- I love to be on stage and receive the attention of others. I enjoy being in the limelight.

IMPROVE -- I love to make things better. I enjoy taking something that someone else has designed or started and improve it.

REPAIR -- I love to fix what is broken or change what is out of date.

LEAD AND BE IN CHARGE -- I love to lead the way, oversee and supervise. I enjoy determining how things will be done.

PERSEVERE -- I love to see things to completion. I enjoy persisting at something until it is finished.

FOLLOW THE RULES -- I love to operate by policies and procedures. I enjoy meeting the expectations of an organization or boss.

PREVAIL -- I love to fight for what is right and oppose what is wrong. I enjoy overcoming injustice.

You should be able to support your choice with examples from your achievements. DID YOU FIND THE BASIC MOTIVATIONAL DIRECTION OF YOUR HEART IN THIS LIST? WRITE IT ON YOUR PERSONAL PROFILE:

ABILITIES---

APPLYING MY ABILITIES

1 Cor. 12:6"There are different abilities to perform service."

Exodus 31:3"I (God)... have given him skill, ability, and knowledge in all kinds of crafts..."

One of the most common excuses people give for not getting involved in ministry is, "I just don't have any abilities to offer." Nothing could be further from the truth. The key is *matching* your abilities with the right ministry!

FIVE MISCONCEPTIONS ABOUT ABILITIES

(Skills and Talents)

- 1. MYTH: People aren't born with skills. All skills must be learned by experience. This simply is not true. There are a number of skills which seem to be inborn and develop very early in infancy. When people say, "He just seems to have a natural talent for it", it's probably true.
- **2.** MYTH: Those skills which must be learned are earned primarily in the classroom. Actually some of your most basic skills were learned at home, "in the street", or somewhere outside the classroom.
- **3. MYTH:** If you have certain abilities, you will be very aware that you have them. Again, that is not true. You're probably using a number of talents or skills that you are not even aware of. You need some process of skill identification.
- **4.** MYTH: Skills that I use at work are only usable in that environment. I couldn't use them in ministry. Hopefully, by the end of this class, you'll see the fallacy of that idea. Be creative.
- **5. MYTH: Most people only have a few abilities.** The truth is that many national studies have proven that the average person possesses from five hundred to seven hundred different skills.

HOW TO DISCOVER YOUR MOTIVATED ABILITIES

Look over your list of accomplishments again. <u>Circle all verbs</u> that denote actions performed while you were doing each achievement.

Now **compare those verbs to the list below** and **check those abilities** you feel you have.

26 SPECIALIZED ABILITIES

Entertaining ability: to perform, act, dance, speak, magic

Recruiting ability: to enlist and motive people to get involved

Interview ability: to discover what others are really like

Researching ability: to read, gather information, collect data

Artistic ability: to conceptualize, picture, draw, paint, photograph, or make renderings

Graphics ability: to lay out, design, create visual displays or banners

Evaluating ability: to analyze data and draw conclusions

Planning ability: to strategize, design and organize programs and events

Managing ability: to supervise people to accomplish a task or event and coordinate

the details involved

Counseling ability: to listen, encourage and guide with sensitivity

Teaching ability: to explain, train, demonstrate, tutor

Writing ability: to write articles, letters, books

Editing ability: to proofread or rewrite

Promoting ability: to advertise or promote events and activities

Repairing ability: to fix, restore, maintain

Feeding ability: to create meals for large or small groups

Recall ability: to remember or recall names and faces

Mechanical operating ability: to operate equipment, tools or machinery

Resourceful ability: to search out and find inexpensive materials or resources needed

Counting ability: to work with numbers, data or money

Classifying ability: to systematize and file books, data, records and materials so they

can be retrieved easily

Public Relations ability: to handle complaints and unhappy customers with care and courtesy

Welcoming ability: to convey warmth, develop rapport, making others feel

comfortable

Composing ability: to write music or lyrics

Landscaping ability: to do gardening and work with plants

Decorating ability: to beautify a setting for a special event

List your specialized abilities on your PERSONAL PROFILE

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PERSONALITY----

PLUGGING-IN YOUR PERSONALITY

In the space below, write your name:

Now write your name with your opposite hand:

WHAT HAPPENED?

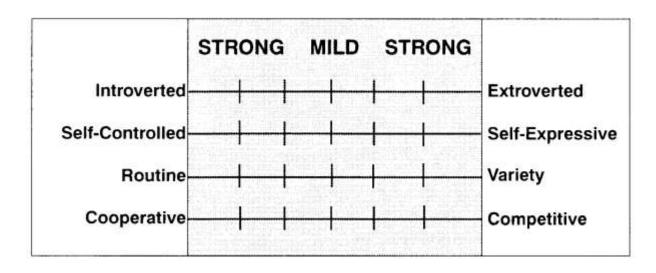
When you tried to do something that was not *natural* to you...

- 1. You felt uncomfortable.
- 2. It took extra time and effort.
- 3. You still did a lousy job at it!

The same things are true when we try to minister in areas that are not suited to our personality. God has wired your temperament in a unique way. This factor is very important in matching you to the right ministry.

It's obvious that God has not used a cookie cutter to stamp out people in a process of uniformity. He loves variety -- just look around! And there is no "right" or "wrong" temperament. We need opposites to balance the church.

HOW DO I SEE MYSELF?



PERSONALITY......PLUS......TEST.... (PART 1)----<u>STRENGTHS</u>-

Mark One word in each row that best describes you., Total Each of the 4 Columns

- Rolls go across (Left to Right)
- Columns go down (Top to Bottom)

• Columns go do	(. op to Dotto)	1	1
Animated	Playful	Sociable	Convincing
Adventurous	Persuasive	Strong willed.	Competitive
Analytical	Persistent	Self Sacrificing	Considerate
Adaptable	Peaceful	Submissive	Controlled
Refreshing	Spirited	Promoter	Optimistic
Resourceful	Self-reliant	Positive	Outspoken
Respectful	Sensitive	Planner	Scheduled
Reserved	Satisfied	Patient	Shy
Spontaneous	Funny	Delightful	Cheerful
Sure	Forceful	Daring	Confident
Orderly	Faithful	Detailed	Cultured
Obliging	Friendly	Diplomatic	Consistent
Inspiring	Demonstrative.	Mixes Easily	Talker
Independent	Decisive	Mover	Tenacious
Idealist	Deep	Musical	Thoughtful
Inoffensive	Dry Humor	Mediator	Tolerant
Lively	Cute	Popular	Bouncy
Leader	Chief	Productive	Bold
Loyal	Chart-maker	Perfectionist	Behaved
Listener	Contented	Permissive	Balanced

Listener	Contented	Permissive	Balanced
Page 1 Totals			
Total	Total	Total	Total

PERSONALITY PLUS......TEST.... (PART 2)--WEAKNESSES --

Mark One word in each row that best describes you. Total Each of the 4 Columns

- Rolls go across (Left to Right)
- Columns go down (Top to Bottom)

Brassy	Undisciplined.	Repetitious	Forgetful.
Bossy	Unsympathetic	Resistant	Frank
Bashful	Unforgiving	Resentful	Fussy
Blank	Unenthusiastic	Reticent	Fearful
Interrupts	Unpredictable.	Haphazard	Permissive
Impatient	Unaffectionate.	Headstrong.	Proud
Insecure	Unpopular	Hard to Please	Pessimistic
Indecisive	Uninvolved	Hesitant	Plain
Angered Easily.	Naive	Wants Credit	Talkative
Argumentative.	Nervy	Workaholic	Tactless
Alienated	Negative Attitude	Withdrawn	Too
Aimless	Nonchalant	Worrier	Sensitive
			Timid
Disorganized	Inconsistent	Messy	Show-Off
Domineering	Intolerant	Manipulative	Stubborn
Depressed	Introvert	Moody	Skeptical
Doubtful	Indifferent	Mumbles	Slow
Loud	Scatterbrained	Restless	Changeable
Lord Over Others	Short-tempered	Rash	Crafty
Loner	Suspicious		Critical
Lazy	Sluggish	Revengeful	Compromising
		Reluctant	
Page 2 Totals			
Total	Total	Total	Total
Total up both pages			
Total	Total	Total	Total
i Ulai	i Ulai	i Ulai _	i Ulai

Personality Plus Test Results

Hopefully you have now completed the selection of 1 item from each of the 20 rows for "Strengths" and "Weaknesses" on the test.

Here is how you grade yourself. Count the check marks for each of the 4 columns for both tests. Next, total them. You should have 4 numerical results, one for each column. The grand total should be 40 check marks, 20 for each of the 2 tests above.

Mark 12:30 (NIV) ³⁰ Love the Lord your God with all your <u>heart</u> and with all your <u>soul</u> and with all your <u>soul</u> and with all your <u>strength</u>.

Column 1 represents the Sanguine personality --- Talkers.

Talkers are people who love God with their <u>heart</u>.--They tend to be very verbal. They're good at discussions. They're good at talking. They're good at putting words together.

Column 2 represents the Choleric personality---Doers .

Doers are people who love God with their <u>strength</u>.--They're more physical. They're more practical. They do it.

<u>Column 3</u> represents the <u>Melancholy</u> personality --- <u>Thinkers</u>.

Thinkers are people who love God with their <u>minds</u>.--They tend to be more mental. They can analyze things.

Column 4 represents the Phlegmatic personality---Feelers.

Feelers are people who love God with their <u>souls</u>.--They tend to be emotional, and they feel things very deeply, and they tend to be more in touch with their emotions than the rest of us.

For example: you might have the following results:

Column 1 - 18

Column 2 - 12

Column 3 - 6

Column 4 - 4

This means that your tendencies lean towards a Sanguine, Choleric personality.

REMEMBER - There is Not a Failing or Passing Grade. No Personality Type is Better or Worse than Another. This merely describes your personality tendencies.

RECORD YOUR RESPONSES ON YOUR PERSONAL PROFILE

EXPERIENCE----

EXAMINING MY EXPERIENCES

Rom. 8:27b "And we know that in ALL things God works for the good of those who love him, who have been called according to his purpose."

Phil. 1:12"Now I want you to know, brothers, that what has happened to me has really served to advance the gospel"

One of the most overlooked factors in determining the ministry God has for me is my past experience, particularly my hurts and problems I've overcome with God's help. Since our greatest life messages come out of our weaknesses, not our strengths, we should pay close attention to what we've learned in the "school of hard knocks".

GOD NEVER WASTES A HURT!

HE WANTS YOU TO BE OPEN TO MINISTERING TO PEOPLE WHO ARE GOING THROUGH WHAT YOU'VE ALREADY BEEN THROUGH!

2 Cor. 1:3-4 (LB)"(God)... Wonderfully comforts and strengthens us in our hardships and trials. And why does he do this? So when others are troubled, needing our sympathy and encouragement, we can pass on to them the same help and comfort God has given us!"

ON YOUR MINISTRY PROFILE RECORD THESE EXPERIENCES:

- * Your spiritual Experiences Meaningful decisions/times with God
- * Your Painful Experiences
 Problems, hurts, trials-that have taught you
- * Your Educational Experiences What were your favorite subjects in school
- * Your Ministry Experiences How have you served in the past

RECORD THESE ON YOUR PERSONAL PROFILE

MINISTRY OPPORTUNITIES Previewing the Opportunities TO SERVE AT FBC COAHOMA

Current:

RA'S/ GA'S: A weekly time for elementary children to participate in games, scripture memory, crafts, and be exposed to local and foreign missions.

AUDIO/VIDEO TECHNICIANS: A team who set up and monitors the sound/Audio for all services and studies.

Bible Study Leaders: Ministry of teaching and leading bible studies in our church.

Children's Ministry: This ministry is to the children of our church, during the morning worship, evening worship hour on Sunday's. Lead in various worship and study activities for children K-5th grades.

MISSIONS: Short-term mission teams that participate in projects around the world that are designed to introduce various aspects of foreign missions and missionaries to team members.

MISSION FRIENDS: This is the preschool missions education program during the midweek service.

PRAYER: The team that prays for and follows up on every specific prayer request that comes through the registration cards. They coordinate all church prayer chains and prayer events.

OUTREACH: The ministry team that targets prospects/visitors with the purpose of sharing Jesus with them.

STUDENTS: A team of people that helps with regular activities for Jr. High and Sr. High students. This team helps with food, coordinating socials, welcoming, student groups

SUNDAY SCHOOL -

Adult-

Youth-

Children-

Classes that provide Christian principles for all ages.

VOCAL WORSHIP ENSEMBLE: A vocal group that participates in the worship services.

WORSHIP GREETER/HOST: The welcoming team that warmly greets everyone who is on their way to the worship service with a handshake and a smile. These people give first impressions of friendliness, acceptance, and love to members, attenders, and visitors alike.

Future:

CARE CALLERS: To call regular attendees and ask if they have any comments, prayer requests, or family needs to share with Pastor or other staff.

KIDS CHOIR: The musical group consisting of elementary children that sing on Sundays.

PASTOR'S RESEARCH: This team of researchers is given specific target area of Biblical, demographic, and community study to compile for use in Sunday and midweek messages.

RESOURCE TABLE: The resource table that consists of material on the church and ministries. A team of people help with the set-up, the administration and the research for materials of the table.

FBCC BRASS: An ensemble of brass musician that play special music for worship services, conventions and community activities.

ENCOURAGERS: This ministry adds a personal touch of encouragement by sending birthday cards, encouraging and special occasion notes. It also assimilates new members with calls.

PUBLICITY: This is a team with skills in graphic writing and communication, that develop flyers, promotional materials, and does publicity to educate on activities and Bible studies.

TAPE/VIDEO: This ministry provides either those who miss a weekend, or someone who lives out of the area a chance to get the service by coordinating and producing all the audio visual tapes.

Visitor's Resources: This ministry prepares visitor's packets for all guests of our church services.

ADD ANY YOU FEEL THAT WE NEED BUT DON'T HAVE-----

Crossroads Association Ministry Opportunities—

PRISONS: This ministry team visits local prisons, encouraging and witnessing to prisoners.

The Life Center: Ministry to pregnant Teens who may be considering abortion. Encouragement, counseling, prayer, etc.

Mercy Heart: Ministry to Prisoners families.

Mission Center: Ministry to provide, Clothing, Food to the needy

BSM: Ministry to college students at Howard College and SWCID campuses

Hospitality House: Ministry to Prisoners families who visit them here in Big Spring.

Spring of Siloam: Ministry to Ladies in Vocational, Spiritual training.

R.V. Park Ministry: Outreach to people who live in the local RV Parks

Deaf Ministry: Ministry to Deaf in our area

Guatemala Mission's: Mission trips to Guatemala Lakes region. Building, Revivals, Pastor training.

Maine Mission's: Mission Trip to Maine, revivals, backyard bible studies, etc.

ADD ANY YOU FEEL THAT WE NEED BUT DON'T HAVE-----

	Ministry Commitment
,	PE, I commit to further discovering my ministry and discondary ministry opportunities.
Signature	 Date

Bro. Mark Winn

Pastor, FBC Coahoma