## Training to overcome

## Text: 1 Peter 1:13-15

- 1. Training with knowledge
  - a. The basis of true knowledge. Proverbs 1:7. Matthew 12:3, 19:4, 21:16, 21:42, Luke 10:26.
  - b. Transforming the physical into the Spiritual. 2 Timothy 2:15.
  - c. Three reactions to having knowledge of the Word.
    - i. Rejection.
    - ii. Misrepresentation Matthew 5:48.
    - iii. Acceptance 1 Timothy 1:9, 2 Corinthians 3:6.
- 2. Training in obedience.
  - a. To know the word demands action.
  - b. Acting based on the word is the spiritual aspect of training. John 4:21-23, Romans 1:5, 1 John 2:17 John 7:17.
  - c. Correlation between amount and action 1 Thessalonians 5:27
- 3. Training our responses to God
  - a. Pavlov and conditioned reflex versus innate reflex
  - b. conditioned to purity Psalm 119:9, Proverbs 22:6
  - c. Trained in? Knowledge and understanding Proverbs 1:1-4
  - d. Encourage them in self-control Titus 2:6