THE LORD'S DAY, OCTOBER 17, 2010 AD

# "WHEN YOU FAST"

**MATTHEW 6:16-18** 

Christian Counter-Culture MESSAGE #33

INTRODUCTION —

### A. FASTING FUNDAMENTALS

- 1. FASTING DEFINED
- 2. A MARK OF TRUE RELIGION

QN: WHY FAST?

# B. FALSE FASTING

- 1. TO BE SEEN BY MEN
- 2. TO BE REWARDED BY MEN

QN: WHERE IS THE HYPOCRISY?

#### C. FAITHFUL FASTING

- 1. TO BE SEEN BY GOD THE FATHER
- 2. TO RECEIVE HIS REWARD

QN: WHY DOES GOD REWARD FASTING?

## CLOSING THOUGHTS...

- WHAT REWARD IS PROMISED TO YOU?
- WHAT IS YOUR HEART HUNGRY FOR?
- HOW WILL YOU SEEK SATISFACTION?

🚢 AMEN ╩