Message: "Blessing the Lord for All that He has Done for Me"

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- We Bless the Lord because He Redeems Us from the Pit v.4a
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## Bless the LORD, O My Soul

## Of David.

103 Bless the LORD, O my soul, and all that is within me, bless his holy name!

<sup>2</sup> Bless the LORD, O my soul, and forget not all his benefits,

<sup>3</sup> who forgives all your iniquity, who heals all your diseases,

<sup>4</sup> who redeems your life from the pit, who crowns you with steadfast love and mercy,

5 who satisfies you with good so that your youth is renewed like the eagle's.

<sup>6</sup>The LORD works righteousness and justice for all who are oppressed.

<sup>7</sup>He made known his ways to Moses, his acts to the people of Israel.

<sup>8</sup>The LORD is merciful and gracious, slow to anger and abounding in steadfast love.

<sup>9</sup> He will not always chide, nor will he keep his anger forever.

<sup>10</sup> He does not deal with us according to our sins, nor repay us according to our iniquities.

<sup>11</sup> For as high as the heavens are above the earth, so great is his steadfast love toward those who fear him;

<sup>12</sup> as far as the east is from the west,

so far does he remove our transgressions from us.

<sup>13</sup> As a father shows compassion to his children, so the LORD shows compassion to those who fear him.

- <sup>14</sup> For he knows our frame; [a] he remembers that we are dust.
- <sup>15</sup> As for man, his days are like grass; he flourishes like a flower of the field;
- <sup>16</sup> for the wind passes over it, and it is gone, and its place knows it no more.
- <sup>17</sup> But the steadfast love of the LORD is from everlasting to everlasting on those who fear him, and his righteousness to children's children,
- <sup>18</sup> to those who keep his covenant and remember to do his commandments.
- <sup>19</sup> The LORD has established his throne in the heavens, and his kingdom rules over all.
- <sup>20</sup> Bless the LORD, O you his angels, you mighty ones who do his word, obeying the voice of his word!
- <sup>21</sup> Bless the LORD, all his hosts, his ministers, who do his will!
- <sup>22</sup> Bless the LORD, all his works, in all places of his dominion.
  Bless the LORD, O my soul!