

Mt. Zion Baptist Missions Philippines Wed. Night Bible Study Notes: *Probing the Book of Psalms* facebook.com/mzbmp

Psalm 40

1 To the chief Musician, A Psalm of David. I waited patiently for the LORD; and he inclined unto me, and heard my cry. 2 He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, and established my goings. 3 And he hath put a new song in my mouth, even praise unto our God: many shall see it, and fear, and shall trust in the LORD. 4 Blessed is that man that maketh the LORD his trust, and respecteth not the proud, nor such as turn aside to lies. 5 Many, O LORD my God, are thy wonderful works which thou hast done, and thy thoughts which are to us-ward: they cannot be reckoned up in order unto thee: if I would declare and speak of them, they are more than can be numbered.

6 Sacrifice and offering thou didst not desire; mine ears hast thou opened: burnt offering and sin offering hast thou not required. 7 Then said I, Lo, I come: in the volume of the book it is written of me, 8 I delight to do thy will, O my God: yea, thy law is within my heart. 9 I have preached righteousness in the great congregation: lo, I have not refrained my lips, O LORD, thou knowest. 10 I have not hid thy righteousness within my heart; I have declared thy faithfulness and thy salvation: I have not concealed thy lovingkindness and thy truth from the great congregation.

11 Withhold not thou thy tender mercies from me, O LORD: let thy lovingkindness and thy truth continually preserve me. 12 For innumerable evils have compassed me about: mine iniquities have taken hold upon me, so that I am not able to look up; they are more than the hairs of mine head: therefore my heart faileth me. 13 Be pleased, O LORD, to deliver me: O LORD, make haste to help me.

14 Let them be ashamed and confounded together that seek after my soul to destroy it; let them be driven backward and put to shame that wish me evil. 15 Let them be desolate for a reward of their shame that say unto me, Aha, aha. 16 Let all those that seek thee rejoice and be glad in thee: let such as love thy salvation say continually, The LORD be magnified. 17 But I am poor and needy; yet the Lord thinketh upon me: thou art my help and my deliverer; make no tarrying, O my God.

Introduction notes:

- 1. To the chief Musician (1 Chr. 15:17) David appointed this to be set to music for the use of public worship in the Tabernacle and in the future Temple (of Solomon, his son).
- 2. A Psalm of David David is the writer of this Psalm.
- 3. A portion of this Psalm is Prophetic and it pointed to the Messiah vv.6-8 is alluded to by Paul in Heb. 10:5-7,8-9, 10) The entire mission of the Messiah is summarized in Ps. 40:7-8 Christ came to fulfill or do the will of God.

Outline: (Two themes: Praise and Prayer)

- A. Messiah's Praise for Deliverance (vv.1-5)
 - B. Messiah's Praise for Opportunities (vv.6-10)
- A.' Messiah's Prayer for Deliverance (vv.11-13)
 - B.' Messiah's Prayer for Vindication (vv.14-17)

Observations:

- 1. David had the Spirit of the LORD in his tongue (2 Sam. 23:1-2). The Holy Spirit gave David the prophecy concerning the Messiah, the Lord Jesus and these words mainly speak of the Messiah's sufferings and cross work and Millennial work.
- 2. The Messiah prays (Heb. 5:7). And the LORD answered!
- 3. The LORD replies to the Messiah's prayer with four actions: INCLINED; HEARD; BROUGHT UP; and SET (vv.1-2).
- 4. The Messiah rejoiced even as He was suffering because He knew "many shall see it, and fear, and shall trust in the LORD" (v.3).
- 5. The acts of the Messiah during His earthly ministry and in His future Millennial rule:
 - A. I have preached righteousness
 - B. I have not refrained my lips
 - C. I have not hid thy righteousness
 - D. I have not concealed thy lovingkindness and thy truth from the great congregation (future Millennial congregation of people).
- 6. (vv.11-13) more of the Suffering Messiah's prayers to Jehovah God as God forsook Him.
- 7. The Messiah prays against His enemies: Let them be ashamed, confounded, driven backward, put to share, be desolate (vv.14-15).
- 8. The Messiah prays for believers Be glad in Thee, to say continually, the LORD be magnified.

<u>Lesson</u>: (v.8) I delight to do thy will – Jesus delighted to do the will of the Father. Do we delight in doing the will of the Father?