- I. The Repentance of Jonah (3:1-4)
 - A. Jonah's Second Commission (3:1-3; 1:1-2)
 - B. Jonah's Message: The Coming Wrath of God (3:4)
- II. The Repentance of Nineveh (3:5-9)
 - A. Repentance with the Mind (3:6, 9; 1 John 1:9)
 - B. Repentance with the Heart (3:6-8; 2 Cor 7:10)
 - C. Repentance with the Will (3:9-10)
- III. The Mercy of God (3:10; Acts 2:38; 1 John 1:9)

Reflection and Application Questions (for personal reflection and family conversation):

- 1. What does this passage teach us about repentance?
- 2. What do you need to repent of in your life?
- 3. How have you experienced the mercy of God?