My Bout with COVID

(December 1, 2021)

I will highlight Klaus Schwab's *The Great Narrative* soon, but wanted to discuss something else first.

On the morning of October 31, 2021, I woke up feeling more tired than usual. I simply chalked it

up to not getting a good night's rest. On November 2, I woke tired *and* with a sore throat.

I asked my wife as we woke if she recalled me snoring during the night. She indicated that she had not. Aside from the slight sore throat and waking up a bit more tired than usual, I didn't have any other negative effects, so I let it go.

As a few days passed, my sore throat remained and so did the tiredness. On November 11, I began experiencing chills and a low-grade fever of just under 100 degrees. I recall that it only lasted for part of that one day.

I should also note that my doctor had prescribed a prophylaxis dose of Hydroxychoroquine (HQC). The

dose was one tablet twice on one day each week. So I had already begun taking HQC Friday morning and Friday evening a week or so prior to my tiredness and sore throat.

I also developed a cough that would not go away. It felt as though there was something in my throat that I couldn't get rid of. I began taking over the counter medications that dealt with cold/flu symptoms and that helped until the medicine wore off. There were several times that I would take a full dose of NyQuil or Mucinex prior to bed and wake up four to five hours later to take another dose.

Prior to all this, I had contacted America's Frontline Doctors and through them I contacted their pharmacy, Honeybee. I conferenced with an actual doctor and was prescribed Ivermectin, which for me, turned out to be five 3 mg tabs twice weekly for four weeks (I'm currently on my third week). The Ivermectin was sent to me through the mail and my insurance was not involved since I paid for everything up front; the doctor's conference as well as the Ivermectin. I had done this prior to my own doctor prescribing HQC. It simply took a great many weeks for the medicine to arrive because it seems everyone in America was trying to get hold of Ivermectin. Apparently, few believed the negative press that Fauci, the CDC and others were saying about Ivermectin. Yes, it is a "horse dewormer," but that was not it's first use. It has been approved for treatment in humans for decades and has anti-parasitic as well as anti-viral properties. But people are entitled to believe what they would like to believe. Trying to get Ivermectin via Frontline Doctors now is exceedingly difficult because of wait time and I understand some folks are actually being told

that they cannot help them due to wait times. My suggestion would be for folks who want to take this route, to go with PushHealth (should be available in the App store).

At any rate, on November 14 I began using Ivermectin because my general symptoms were the following:

- very fatigued
- sore throat
- constant cough
- congestion
- pain in chest
- weakness
- irritability
- inability to concentrate
- fever/chills (one day)
- complete loss of smell



I did not go in and have a PCR test done to tell me that I was sick. I knew I had either a cold, the

flu or some general virus. If I went to be tested, I would be told "Yes, you have COVID!" and told to go home and "quarantine." By the way, graphene oxide is on those long swabs that they stick up your nose and tickle your brain with and I'd rather avoid graphene oxide and leave it for use in creating brake pads for vehicles.

The loss of smell for me was seriously annoying. It's not simply loss of smell, but loss of taste as well since both work together. My sense of smell was gone for nearly three weeks total. Each day, I would open the small jar of Vick's Vaporub and inhale deeply. Most of the time I couldn't smell it at all.

I did notice that the same day I began taking Ivermectin, I started feeling better later that day. Someone might argue that it had a "placebo" effect since I was expecting it to do something good. Actually, I had no idea what it would do.

Kerstin Braun ber 17 et 10 56 PM - W My oldest daughter wrote this for her sister Chevennett!! Hello everyone, I have been thinking for a while now whether to share my experience as a grieving nurse here! I hope that out of decency, stupid comments will be ignored! My little sister 15 years passed away this morning. 2 weeks ago she suffered a heart attack out of nowhere, she was reanimated several times! 1 1/2 weeks after her vaccination with comirnaty Biontech! She hung on machines for 2 weeks now and was in a comal It is now being investigated and the doctors do not rule out a cardiovascular inflammation that leads to vaccination! Thrombose reading, Arm Do we really have to test the vaccine on our children? There are more and more cases going public! It's not an individual case! Think about it carefully! My mom is regretting her signature! She was such a cheerful, courageous, humorous, helpful girl. She had her whole life ahead of her! *No pre-occupied illness For all those who have been well - be glad you didn't have to and have to go through this hell! 1 O - Rate Translation

There have been too many times I have taken doctor-prescribed medication for something only to break out in a rash or have some other negative side effect, which often kept me from continuing to take it. They'd have to switch me to something else. So I really didn't know what Ivermectin would do.

By the next day, I began to feel weak, fatigued and congested again, and also had my ever-present cough. My next dose of Ivermectin would be Wednesday since my first had been Sunday. I continued taking over the counter medicines along with current supplements, including Dr. Zev Zelenko's "Z-Pack," which is Vitamin C, Quercetin, Vitamin D and Zinc formulated in one capsule (two capsules per day).

What amazed me is that even though I knew I was sick from something, I was in the process of training daily for a new job that the Lord had provided. I was training in person several hours each day and then on top of that had to spend hours studying to learn all the material. There were times in the afternoon that I would just nod off while trying to study because of the fatigue, but I managed to push through it all with the Lord's help I'm sure and press on.

As I write this, it is December 1 and I can honestly say I'm over *most* of it. My smell has returned for the most part though it's not 100% yet. My cough is not nearly as persistent as it was and the congestion is nearly gone. Of course, added to this illness is my annual bout with molds in the environment due to allergies so that doesn't help either.

If I were to categorize COVID <u>for me</u>, I'd have to say it's worse than a cold, but not as bad as the flu. I never felt that I needed to stay in bed. I never even got close to the point of going to the hospital and in general, though the symptoms were somewhat annoying, I was able to carry on with my life and do the things that I needed to do.

My wife had COVID in August and has the antibodies to prove it, via a blood test. Next time I check in with my doctor I'll ask for a blood test as well. Regardless, I know I had something, a cold, the flu or COVID.

In my wife's case, her COVID symptoms were different from mine. She had some of the same symptoms I had/have but she also had burning eyes. As far as her congestion goes, there were several days where breathing for her was a bit difficult as though she had a large weight on her chest. We have a nebulizer and used it often with Dr. Mercola's protocol. It helped immeasurably.

My wife had chills and a low-grade fever, but a bit higher than mine. Overall, she treated herself with over the counter meds and she also had an antibiotic on hand as we did not have either HQC or Ivermectin at that point.

It was interesting to see that though my wife had COVID, I don't believe I got it from her. I never felt sick or ill at all while around her even though she was clearly sick. I believe my COVID came from the person who was training me because my symptoms started shortly after I began training with her. She had this terrible cough that she said was Acid Reflux. It sounded



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olity Solis har been triditeneesh toto fully vaccinated to be an eligible uandshre for a life-soving lung transplant. dis. 97, developed galmonary cerkelines and atrial fibrillation after his second injection of Moderna on April 17. He has been hall the pla ness for four morehe and died on August 20 bafors receiving new trungs.

This type of thing is becoming way too common.

more like COPD to me, frankly. She would cough until she couldn't breathe. When I asked her if she was taking medication for it, she said she never remembered to do that. As we talked, I also learned she had been double vaxxed. In spite of what many vaxxed people think, it's not the vaxxed necessarily that spread COVID. The vaxxed are very capable of doing that as well. We are learning that getting the vax is no guarantee that the recipient cannot get or spread COVID.

When our doctor was talking to my wife about the antibodies she has to COVID, she noted that my wife has antibodies against *all* the proteins in the COVID virus, not just one. It's also interesting that our doctor has not had the vax and has no plans to have it. The family who owns the clinic she works at has not handed down a vax mandate for staff. Our pharmacy is also family owned so they are free to simply fill doctor's prescriptions unlike corporate pharmacies and hospitals.

Interestingly enough, a <u>federal judge in Louisiana extended the block</u> on President Biden's vaccine mandate for health care workers throughout the United States.

U.S. District Judge Terry Doughty's preliminary injunction comes one day after a federal court in Missouri temporarily halted the mandate in 10 states.

Judge Doughty, a Trump appointee, prohibited the administration from enforcing the mandate in other states while litigation continues in the case filed by a coalition of 14 Republican state attorneys general.

<u>France and now Austria are mandating vaccines</u> for everyone. In Austria, one in three people have not been vaxxed but that is going to change on February 1 where fines will be assessed for not complying. Austria is also going into full lock down again. I'm glad I live where I live in the USA where the Constitution is still upheld for the most part.

How many people ran to the hospital in the past every time they had a cold or the flu? How many ran to get a vax? How many social distanced and/or masked up then? How often did people get "tested" to confirm whether or not they had a cold or the flu? It's part of life. You try to take care of yourself and be as healthy as possible and then illness comes, hopefully it won't be as bad as it could be and the person's immune system ultimately takes over and helps heal the person, sometimes with medications. They've never successfully created a vax that has eliminated either the common cold or the flu, but supposedly, COVID is so deadly, you have to be tested to know if you have it and must take a vax that has NOT been fully authorized, but continues to be experimental and emergency use authorization only, in order to be protected against COVID, except that the vax doesn't protect from contracting it or spreading it and immunity, such as it is, lasts maybe three or four months, then another booster is needed.

Something is wrong and I'm glad to see more and more people waking up on a daily basis in spite of the fact that more and more are dying from complications after they receive the vax. As tragic as it all is, maybe that's what's beginning to wake people up.