## The Blessing of Contentment Psalm 131

## Main Point:

Seek to enjoy the blessing of contentment as you make your pilgrim journey.

1. God wants you to enjoy the blessing of contentment on your pilgrim journey.

2. To enjoy this blessing, you need to fight against your pride and grow in humility.

3. To enjoy this blessing, you need to actively pursue it and learn hard lessons over time.

4. To enjoy this blessing, you need to trust the LORD always and live by His Word.

**Jeremiah Burroughs** "[Contentment is] that sweet, inward, quiet, gracious frame of spirit, which freely submits to and delights in God's wise and fatherly disposal in every condition".

**Rhett Dodson** "None of us can live without problems and pressures, but we *can* have a life of contentment and peace."

**1 Timothy 6:6** 6 Now godliness with contentment is great gain. (NKJV)

**Deuteronomy 29:29** 29 "The secret *things belong* to the LORD our God, but those *things which are* revealed *belong* to us and to our children forever, that we may do all the words of this law. (NKJV)

James Montgomery Boice "Although we need to learn what God has revealed in the Bible for our instruction and obey it, beyond that what we need is to trust God completely for the wise ordering of our lives."

**Josh Moody** "Humility gives you the calm and quiet of soul, even in the middle of king-like executive responsibilities, that so many long for and so few find."

**Philippians 4:13** 13 I can do all things through Christ who strengthens me. (NKJV)

**Alec Motyer** "If my 'soul' is to be 'quelled' and 'silenced', it is up to me to see to it."

**Philippians 4:11** 11 Not that I speak in regard to need, for I have learned in whatever state I am, to be content: (NKJV)

**Allan Harman** "Hoping in the LORD is not a momentary act, but an abiding experience."

**Rhett Dodson** "The arms of Christ have the strength to hold you ... Cast yourself into those arms, and surrender yourself completely to be, to do, and to have what he wants for your life."