2 Timothy 2:1-2 Trained & Trustworthy	Fit & Faithful Paul ties two vital concerns together in our brief passage today: spiritual fitness and sound teaching. Timothy the young pastor
Be resolved	must make sure that he is staying strong in the faith by using the means of grace God has given him, for instance, regular study
I. Empowered by Grace A. The Gift(s)	and meditation on God's Word and consistent prayer. He is also tasked with entrusting faithful men to teach the Gospel truth. The assumption is that they too must be strengthened by the
B. The Grit	grace that is in Christ Jesus. The fact of the matter is, while the context directs such concerns to leaders is the church, it is upon
II. Apt to Teach	every Christian to strengthen themselves by regularly pursuing
A. One Truth	growth in the grace and knowledge of the Lord while holding fast to the solid truth of Scripture. If we become lax in our
B. Worthy Teachers	devotional exercises, we are bound to experience weakened faith and will find ourselves prone to doubts and increased
to serve well.	vulnerability to temptations. It is all of grace, but we must make the best use of the means God has freely given us, to, as Paul writes elsewhere, "Be strong in the Lord and in the strength of his might." Ephesians 6:10

Children, listen ...

1. What are some things all Christians should do to strengthen their faith?

2. What does the Bible say is the only way someone can be saved from sin and made right with God?

3. Should churches that teach there are many ways to heaven call themselves Christian churches? Why or why not?