

“Spiritual Vital Signs ”

Time for a Check-up

Acts 9:20-25

Introduction: How can we tell if someone is spiritually healthy? How do we know when they are growing spiritually?

Spiritual health is important. When we do not Grow there are at least three things that may result:

1. Moral and Physical Decay comes and sometimes quickly
2. Productivity Stymied / Drains other’s energies
3. Freedom and Enjoyment in Life Delayed

Here are 3 important areas in which you can take inventory on how you are doing Spiritually.

Our Spiritual health is connected to Our:

I. Speech – “all that heard him” (Verses 20-25)

What concerns us.

Taking inventory of Our:

A. Content – “preached Christ”

B. Contrast – “is this not he”

C. Converts – “were amazed”

II. Strength – “increased in strength” (Verse 22)

What keeps us

Focusing on God’s:

A. Scripture – “confounded the Jews, ...proving”

Reading scripture

Studying scripture

Memorizing Scripture

Speaking Scripture

Praying Scripture

B. Son – “Christ” Hebrews 12:1-2

C. Story – “this is very Christ”

III. Service - “let him down” (Verses 23-25)

What consumes us.

Strengthening Our skills of:

A. Communication – “was known of”

B. Compassion – “took him by night”

C. Cooperation – “the disciples took him...in a basket”