

A Family that Worships

Ephesians 6.4

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Introduction

1. *Danger of a new task*

There is great danger every time you hear a teaching on Sunday or a lecture at a conference. There is the danger that you will get another thing to put on your to-do list, another thing you are *supposed* to do, another thing you don't have the *time* to do, another thing you don't know *how* to do. I definitely don't want to come before you today and dump something else on your plate and leave you wallowing in confusion. My goal is that you be reminded of the task, stirred up to the work at hand, and equipped to carry it forth.

2. *Various reactions and impediments*

So today I come to lay a big task before you. Your first reaction may be, yeah, yeah, I've heard that before but I don't know how, or I don't have the time, or what's the big deal. But guess what, this project is well within your reach and it can fit into your schedule. Plus it's mandatory. There will be impediments to remove—impediments of pride and lethargy and ignorance. Those obstacles are part of everyday sanctification, so you can't avoid dealing with them. The grand project I am leading to is of course *Daily Family Worship*.

As we get further into the discussion you will see that the main audience is heads of households. This does not mean that I am leaving out all the rest of you. This topic is still important for singles and children to hear. Do you desire to be married some day and have children? If so, then your personal devotions now are training ground for the future. Also, after hearing this today you young people still living at home can sweetly say to your father, "Papa, can we have family worship tonight?" Won't he be glad that you are so eager!

3. *Overwhelmed or without direction*

This *is* a significant task and I don't want to underestimate it. I can empathize with the feeling of being overwhelmed or lost for direction. I recall when I was in college and had decided to do my first long hike on the Pacific Crest Trail from Mexico to Canada. I thought the idea was fabulous—imagine spending 5 months of fresh air and exercise in some of the most spectacular mountains in creation!

But at the same time I was overwhelmed—how will I ever accomplish

something so big?? I was confused—what gear do I need, what am I going to eat, how will I find my way? Then I read a book about planning for such a trek and the author laid it out very clearly. There was a chapter on equipment, a chapter on maps, another on food, and others on bears, mosquitoes, river fording, and on and on. His information and advice made me think, “Yeah, I can do this!”

Lo and behold, I did. What at first seemed like an impossible task became tangible and achievable when the steps were laid out before me.

4. Learn from the experts

The author who wrote the book about hiking the Pacific Crest Trail had already hiked it three times so he knew from experience how to do it. I am no expert in Family Worship. I haven’t had much practice, but in preparing to speak with you today I was able to delve into several books that were written by people who DO have a lot of experience. Many of our neighbors here had years of experience. And of course, we all have access to the most important resource of all... the Bible. So lets begin there.

The Bible’s command— Ephesians 6.4

Ephesians 6.4 reads, **“Fathers do not provoke your children to wrath, but bring them up in the training and admonition of the Lord.”**

1. Fathers’ responsibility— Eph 6.4a; Gen 18.19, 35.1-4; Ex 12.1-28; Dt 4.9-10, 11.18-21, 32.45-46; Jos 24.14-15; Ps 78.1-8; 1 Cor 14.35; 1 Tim 3.4-5,12

The first obvious thing we see is that this command is addressed to fathers. The form of that word is emphatic. It should be read: “Hey, you, fathers!” Both parents are given a unique role and responsibility in the rearing of their children but it is fathers who are the head and are to lead. I know it is easy to get home from work where you have been Mr. “in-charge” all day and want to relax. It is tiring to always have to take the initiative and make things happen. But the other option is for that responsibility to be taken by someone else, either by default or usurpation. Not a good result, especially when you are training children.

Why is it that the fathers' role is so important? Throughout the Bible we see God making covenants with representative heads. He covenanted with Adam and his household, which included his wife and future children and all creation; hence, those under Adam’s headship fell in Adam's fall. (Genesis 1.28)

God covenanted with Noah and his household, which included those

people in the ark with him and the animals. God promised all of them he would never again destroy the earth in a flood. (Genesis 9.8-9)

God covenanted with Abraham and his household, which included his wives and those of his children whom God had selected; hence his line continues in his sons who were covenantally under his headship, that is, in Isaac and Jacob but not in Ishmael or Esau. (Genesis 17.7)

Even later, after the Patriarchs, God covenanted with Moses and there we see the Elders spoke for the people. They represented the people.

Foremost to us is the fact that the covenant of grace was made with Jesus, who is the head of all the elect; hence believers are in Christ, under his headship, and freed from the headship of Adam. (1 Cor 15.45, Rom 5.12-20)

2. How NOT to do it— Eph 6.4b; Col 3.21; see M. Henry, J. Calvin, W. Hendricksen

Following this clear opening word to fathers is the next phrase, **“do not provoke your children to wrath.”** The standard understanding of this is that fathers should not pester, or nag in a way that stirs up resentment in their children. As one writer states it, “do not be impatient with them” (M.Henry); another, do not “irritate your children by unreasonable severity.” (J.Calvin); and another, “do not embitter them.” (W.Hendricksen) Paul’s parallel comment in Colossians 3 supports this understanding.

Another author I read (K.Ptacek) takes this to mean that a father should not neglect his duties and allow unrighteous behavior, which would lead to God's anger being provoked against that child. When I looked at all the instances of the phrase “provoking to wrath” in Scripture, it is clear that this interpretation doesn’t add up so I think the standard understanding is correct; sinful, that is, harsh, prodding, abrasive, impatient, severe, actions toward a child will cause *them* to turn away from *you* and ultimately from God.

3. How TO do it— Eph 6.4c

To prevent that from happening, Paul wisely puts in a “but”. Do not do *that*, but definitely do *this*... And what are fathers commanded to do?

“bring them up in the training and admonition of the Lord.”

There is only one thing you have to do—bring them up. That's it. **“bring them up”— Eph 5.28-29**

Lets look at what it means to “bring them up.” This is the same word that Paul used earlier in chapter 5 (v28-29) to describe what a husband should be towards his wife and how Jesus serves the church: **“so husbands ought to love their wives as their own bodies, he who loves his wife loves himself. For no one ever hated his own body but nourishes and cherishes it, just as the Lord does the church.”** The

same sacrificial, loving action that a husband *does* for himself, that he *should do* for his wife, indeed that the Lord *certainly does* do for the church, fathers are to do for their children.

“training”— *1Cor 11.32; Heb 12.10; Luke 23.16; Acts 7.22, 22.3; Titus 2.12*

There are two facets to rearing them up/nourishing them. The first is “training”.

In many places it is translated *chastening*:

1Cor 11.32—when we are judged we are *chastened* by the Lord;

Heb 12.10—for our earthly fathers ...*chastened* us;

Luke 23.16—[Pilate says] “I will therefore *chastise* him and let him go.”

It is also translated *taught* or *learned*:

Acts 7.22—Moses was *learned* in the wisdom of the Egyptians

Acts 22.3—[Paul says he was] *taught* according to the law

Titus 2.12—the grace of God is *teaching* us.

Taken together we see there is the instructive and corrective element. Things are being taught, things are being learned, and correction is being made.

“admonition”— *1Cor 10.11; Titus 3.10*

The other facet of this rearing up is “admonition”. The word is used only two other times in the NT:

1Cor 10.11—[all these OT tragedies] they were written for our *admonition*

Titus 3.10—reject the divisive man after the first or second *admonition*

These verses speak of giving relevant warnings to keep the person away from imminent danger.

So, fathers, you are to train—to teach and instruct in a way that corrects error; and to admonish—to communicate what is taught such that they keep away from error and its drastic consequences.

Family worship and discipleship

Thus far you are probably thinking that this exhortation is about headship and discipleship. And I say, exactly! That’s why I said at the beginning that I am not here to add something new to your to-do list, per se. You are already discipling your children and leading your family one way or another. The crux of the issue lies in *how* you are discipling and leading them. And it is at this point that we turn to family worship.

1. Part of God’s program for faithfulness— Gen 18.19

It is a fundamental command of God that fathers instruct their children in the ways of God. This was the case for Abraham, it was the case for Joseph and Mary (Jesus’ parents), it was the case for the Reformers. It is the case for us. In Genesis 18.19 God says about Abraham, **“For I have known him**

in order that he may command his children and his household after him, that they keep the way of the LORD, to do righteousness and justice, that the LORD may bring to Abraham what He has spoken to him.”

2. The means to the end— Gen 18.19b; Rom 4.16

Here it says that God *knows* Abraham, that is, called Abraham to himself, *in order that* Abraham would train his household to keep the way of the LORD—which is to say, do righteousness and justice.

And that which God had spoken to him would come to pass. What had he spoken to Abraham? This is a reference to the promises God made to multiply his descendents, make him a mighty nation, and bless all nations through him.

Abraham teaching his children and household to keep the way of the LORD was to lead to the fulfillment of the promises—they are the *means* whereby God fulfills his promises. Now, we are Abraham’s descendents according to Romans 4.16 and God’s promises will continue to be fulfilled as we do what he has charged us to do.

So the reason God saved Abraham was to establish a family that would be obedient to God and through whom God would fulfill his promise of reconciling the world to himself. That is a *huge* endeavor. And it all boils down to the fact that Abraham was responsible for teaching his children to keep the way of the LORD and we as Abraham’s seed are responsible to do the same. Very simple command with very significant results.

3. Philosophies of education

Hebrew, Greek/Roman— John 7.15

Well, by the time of Jesus and the era of the NT a revolution had begun to take place in the education of Hebrew children. The Greek/Roman philosophy of education was starting to be emulated by the people of God. The Greeks had sought to centralize education under the state by removing it from families. Sadly the Jews became envious (just as they had been envious about having a King to rule over them) and setup a similar system: synagogue schools. There, the experts trained the children in the way he should go instead of the parents. But the implementation of this was not 100% in Jesus' day and we know that he was taught this by his parents, thus the Jewish leaders could say about Jesus in **John 7.15—“how does this man know letters, having never studied.”** [He hadn't been to the synagogue school but his parents, and his father in heaven, had taught him. Similarly, many of the disciples were unlearned men in the Pharisaical sense, but they had been trained by working alongside their fathers and were

further trained by walking alongside Jesus.

Reformed Tradition— Job 1.5

Westminster Confession— 21.6

This used to be the case among families in more recent times too. It is written into the Westminster Confession, chapter 21 section 6:

God is to be worshipped everywhere, in spirit and truth; as, in private families daily, and in secret, each one by himself; so, more solemnly in the public assemblies

Westminster Assembly Directory of Worship— Preface

The Assembly's drafted a number of supporting documents, such as the Catechisms and the Directory of Worship: BESIDES the public worship in congregations, mercifully established in this land in great purity, it is expedient and necessary that secret worship of each person alone, and private worship of families, be pressed and set up

They outlined how to deal with heads of households who were negligent in this duty:

the Assembly doth further require and appoint ministers and ruling elders to make diligent search and enquiry, in the congregations committed to their charge respectively, whether there be among them any family or families which use to neglect this necessary duty; and if any such family be found, the head of the family is to be first admonished privately to amend his fault; and, in case of his continuing therein, he is to be gravely and sadly reprov'd by the session; after which reproof, if he be found still to neglect Family-worship, let him be, for his obstinacy in such an offence, suspended and debarred from the Lord's supper.

Obviously the Westminster Divines took Family Worship seriously. It was a disciplinable offense just like adultery or theft, and was handled in the same way.

PCA's Directory of Worship— 63-1, 3

Our own denomination, the PCA, has written into its Directory of Worship:

63-1 In addition to public worship, it is the duty of each person in secret, and of every family in private, to worship God.

63-3 Family worship, which should be observed by every family, consists in prayer, reading the Scriptures, and singing praises; or in some briefer form of outspoken recognition of God.

Thus, I think you can see that the historic reformed faith has had fathers discipling their families by leading them in family worship.

The Details of Family Worship

Clearly God commands it and it has been present in every age of spiritual purity. What exactly is family worship? First let's define our terms.

If you do a search on the Internet a lot of the hits will pertain to churches where families are together during congregational worship, as is our custom here. But that is different. They are speaking of family unity in congregational worship—kids aren't taken away to separate training, no youth groups, etc. This is a very good thing. Our topic today is referring to families worshipping as a family when they aren't with the congregation.

1. General concept of worship

Anyone, you all included, who has worshiped in a congregation knows what worship is—later we'll get into the actions or practices that constitute worship. For now suffice it to say that worship is fundamentally directed to God. The Hebrew word most often translated as worship in the OT literally means to prostrate oneself and is also translated as bow down, do obeisance, and do reverence—hence it relates to a posture of submission. The other word often translated worship literally means to work, and by implication means to serve.

In the NT the primary word is akin to the first Hebrew one and is the source of our word prostrate. Another Greek option means to adore or revere. And another means to respect or be pious towards. Taken together then, biblical worship is the act of serving, adoring, and revering God with a heart-attitude of submission to him.

2. Who— Gen 7.1, 35.2; Joshua 2:18; 1 Timothy 5.8

The other part that needs definition is “family”. I won't digress into a statement on how the modern secular world is trashing the traditional idea of family but we must remember that the biblical concept of family is not just limited to natural generation, that is, by birth. People can be adopted in and the household idea is key. Those who live in the house together are to worship together. In the OT if they had slaves, they were to join in. If you have out of town guests, they are to join in. If you have someone renting a room from you they can join in. Yet fundamentally the family is husband and wife, and if there are children then it is parents and children.

That answers the who of family worship—the household.

3. What— Acts 2.42 w/Eph 6.4

What is to be done in family worship? Just a moment ago in defining worship I said that it is actions serving, revering, and adoring God. This is done in a number of ways. In corporate worship it is done by teaching from scripture, fellowship, the Lord's Table, and prayer. (Acts 2.42)

But those things commanded for corporate worship do not necessarily transfer over to family worship. The only things specifically commanded for family worship are the father's leadership, instruction, and fellowship.

Looking back at our text we see that Ephesians 6.4 clearly includes these three parts.

There is one phrase from Ephesians 6.4 that I did not elaborate on earlier: the final words, **“of the Lord”**. Fathers are to train/nourish in the Lord and warn/admonish in the Lord. How else can this be done than by telling our children about God? and how else can this be done than with the use of the scriptures? I have found it all too easy in my own devotions to be focused on what others say *about* the scriptures. It is good to learn the insights of Godly men and women from the ages. Yet that should not replace the central focus... scripture.

4. How

How do we teach and admonish in the Lord? How do we nourish and warn from the scriptures? Here is a place where you may get overwhelmed and say, easy for you, Mike, your job is to study theology so of course you can learn to do that. Or, easy for you, Pastor Kayser, you have been studying these things for 30 years and of course you can teach these things.

I am fairly certain that you are on board concerning the “who” of family worship and the “what”, so let’s go into a bit more detail here on the “how”.

Methods of teaching— Matt 5; 16.13; John 5.19-20; Ex 12.26-27; Joshua 4.20

First, remember that teaching is not just a lecture. Jesus did not teach solely by sitting them down and having them listen to him. He also gave them lots of examples (parables), He asked them questions (Matt 16.13), and He showed them just as his Father had shown him (Jn 5.19-20). He sent the comforter to literally come alongside them. Our teaching should encourage their curiosity so that they ask questions just like at the Passover (Ex 12:26-27) or at Gilgal (Joshua 4.20). Thus we see 5 different methods of teaching: lecture, visual story examples, asking questions, triggering their questions, and showing them by doing it himself. Variety is a key part effectiveness.

Teachers have to learn to teach— 2 Cor 12.9; 1Cor 9.24-25

Second, the fact that we are not 100% able to do this is a good thing. What better way to show Christian humility, efface our pride, and set the example of being an eager learner than to have your children see that you are struggling, that you don't know all the answers, but that you are striving to learn and grow. Do you want them to grow up thinking that life is black and white—you either know it or you don't, you are either an expert or incompetent. If you never try it because you don't think you are good enough then they will learn to stick with the things that come naturally and not try to acquire new skills. No, you want them to encounter obstacles and persevere. They will learn to endure through the learning curve when they

see *you* endure through the learning curve. This Christian life is a long distance race and we have to learn to strive for mastery (1Cor 9.24-25). Proficiency doesn't come instantaneously.

Ask God to be your teacher— Eph 6.18

Third, be a man of prayer. Later in Chapter 6 of his letter to the Ephesians, Paul writes, **“pray always with all prayer and supplication in the Spirit.” (v18)** It is no coincidence that this is said at the conclusion of his statement about spiritual warfare. And it is no coincidence that his discussion of spiritual warfare follows on the heels of his instruction about family relationships. Do not doubt that the rulers of the darkness of this age want there to be division between husband and wife, father and child. Do not doubt that the spiritual hosts of wickedness want fathers to be impatient with their children or to feel inadequate and stop trying to connect and instruct. Do not think you are able to stand without the necessary weapons—and crucial among them is prayer.

False strength

This is really the heart of it. I've said that I don't want to merely add something to your to-do list. I have to confess that I am good at these lists. Give me an instruction book, daily exercises, and some alarms on my Palm Pilot and I am good to go. Actually, I am set up for failure if the Spirit is not in it.

When I was a sophomore in college I decided I really wanted to learn guitar. A friend of a friend offered to teach me for \$10 a lesson and we went out and bought a used guitar. After a while he could tell that I wasn't practicing enough between the twice-weekly lessons so we moved them to once a week. Soon it was once a month. Then it stopped altogether. Years later I bought a book, “Easy steps to Learn Classical Guitar.” Same pattern.

Pretty soon the book and the guitar were collecting dust in the corner of my room. Over the years I have picked it up every now and then and I can play a bit. But I have failed so many times because I have tried to do it in my own strength. I have thought to myself, “I did well in school. I learned how to bake, I learned how to climb mountains, I learned how to hike 10,000 miles. I can learn to play guitar!”

True strength

Ohhh, what a mistake. Now I see that God graciously gave me the scholastic ability to achieve what I did in school. He gave me the ability to learn baking and mountain climbing and put able teachers into my life. He gave me the strength to hike the length of this country... twice.

Will we look to him for the desire to bring up our children, for the wisdom to train and admonish them? For the knowledge, patience, and everything else it takes to do that? Will we live lives filled with God's grace and have families that praise God generation after generation? Or will we add it to our list of New Year resolutions, fail because we tried to do it in our power, and live mundane lives that don't testify to the awesome power of our Savior?

We cannot do this in our own strength but it must be done. We must pray for God to work in us both to will and to do these things.

5. When— Deut 6.7

How often must it be done? Here the oft-quoted home schoolers verse is helpful. **Deuteronomy 6.7**, “**you shall talk of them when you sit in your house, when you walk by the way, when you lie down, and when you rise up.**” There are two directions that interpreters take with this. The first is that to say “when you sit, when you walk, when you lie down, when you rise up” means “all the time”. What time of the day is NOT covered by that?

The other interpretation applies “when you lie down and when you rise up” to mean evening and morning, so twice daily worship. The historical practice of the church has understood both to be true. Every single interaction you have with your children throughout the whole day is part of discipleship and should have an air of worship. Sitting down as a family morning and evening for focused time of Bible reading, instruction, and application establishes a pattern that shows the family's priorities.

Do you check the weather every morning and evening to be ready for the day ahead? Do you read the news headlines or your favorite blog morning and evening to be aware of what's going on. By all means you should be nourished from the Scriptures as a family in the morning and evening in order to be grounded and growing in the Lord.

Similarly, frequency throughout the week is just as important as frequency within a day. It is easy to speak deprecatingly of “Sunday morning Christians”—people who only pay attention to God on Sunday morning during their *merely* 60 minute church services. Well, if we take the Deuteronomy text to set a timetable for family worship as we rise up and we lay down 7 times a week, we should worship as a family that many times as well. Any athlete or musician or student knows that new habits/skills/information must be imbued steadily and repetitiously. The feast or famine approach to learning is a recipe for frustration and failure. Better bit by bit, day by day, week by week than a big hoopla once a week that soon becomes once a month and then becomes a faint memory.

Just so you don't think I am being a fanatic for suggesting twice daily

family worship, I refer you to the Westminster Assembly and PCA documents I mentioned earlier. Also, the doctoral dissertation of Dr Francis Nigel Lee is titled *Daily Family Worship: Household Devotions each Morning and Evening as a Chief Means of Church Revival*. I admit I did not read all 445 pages of it but even a quick look at the table contents will show you that twice-daily family worship is not a novel idea. He has chapters on “Daily Family Worship from Adam to Noah”, “Daily Family Worship from Shem to Malachi”, “from Chrysostom to Luther”, “the Puritans”, “Matthew Henry”, and “AD 1700 to 2000”. Certainly he sees it as having Biblical and Historical merit right up to our day. There is also a new book out by Donald Whitney titled, *Family Worship: In the Bible, in History & in Your Home*. It deals with the biblical evidence and historical precedent, as well as answering questions about single adults and single-parent households. It has been endorsed by Albert Mohler, Tedd Tripp, Vodie Bacham and others. Perhaps we are on the cutting edge of a revival of interest! Go figure!

In terms of the length of each time of worship, from my study I did not discern a fixed time. It doesn't take much time to read a bit, explain it, and pray. That could take 15 minutes. The ensuing discussion could take 45 minutes. Being open to the Spirit's leading and not forcing a tight schedule is important.

Summary

To summarize what we have covered:

- Fathers have a specific responsibility and are commanded to lead.
- You should not provoke your children, that is do not be harsh, prodding, abrasive, impatient, or severe.
- Instead you should kindly, lovingly, tenderly nourish them by instructing and warning them based on the teachings of the Lord.
- This nurturing should be done as a family, in the spirit of worship, involve teaching and applying the Scriptures, and be frequent.
- In terms of actual implementation, begin by simply reading a portion of scripture and commenting on what it teaches about God and living our lives to glorify him. Perhaps first aim to do it every evening for 20 minutes, then progress to morning and evening. Don't set yourself up for failure by biting off too much at one time but also don't set your sights too low.

Beginnings— Phil 1.6

From my experience hiking the length of our country and climbing mountains, I can attest to the fact that the first step is often the hardest. So for those of you who are just getting the ball rolling, know that a journey of a thousand miles is done one step at a time but if you never take the first step you will never have a second or third and will certainly never get to the goal.

Growth— Mark 7.8

Also, any long journey has challenges and surprises in the middle. So for those of you who have gotten into a pattern but want to improve it or expand it, don't let the pattern you are in be an inhibitor to becoming better and better. We are to hold fast to the traditions handed down to us in Scripture, not the traditions of men. (Mark 7.8)

Endurance— Heb 10.36, 12.1

Finally, don't be so focused on details that you lose sight of the journey and the goal. Family Worship has to become part of our lifestyle. It has to become as natural as getting your wallet and car keys to go to work and as natural as doing the dishes after dinner. It becomes part of your lifestyle when it is an aspect of a life lived *coram deo*, in the face of God. (Heb 10.36, 12.1)

Jesus' Example

Think of it this way, it's not like you have to train the whole world to be Christians. In Family Worship you only have to rear up *your own* children to be Christians. We are supposed to be like Jesus, right, and he trained 12 disciples.

Closing— Joshua 24.15

Note, I have just suggested that you have to do what Jesus did; he trained 12 men who changed the world. Does that encourage you? Does that overwhelm you? Does that seem unrealistic? It should encourage, it should overwhelm, but it is not unrealistic. Each one of you that is sitting here that is a believer has no excuse not to do this. To do anything less is to deny the power of God that is promised to be at work in you. Sure, if your faith is in your own innate ability to spend daily quality time with your family expounding the scriptures and discipling them... in your own strength... you should be overwhelmed, you should be discouraged, you should think it is unrealistic.

Instead we have something better. We need to get down on our knees and ask almighty God to indwell us with a passion for our children, with wisdom to teach them, for a schedule to make time for them, for their hearts to be turned to us just as he has graciously turned our hearts to him. This is the gospel—that through Jesus all things are possible. May it be so. Amen!

It is serious business to lead a family and rear up a child. Indeed it is serious enough that God has entrusted it to those who have the most interest in the job being well-done...parents. As such you cannot shirk this responsibility or avoid the duty. Every parent here will disciple their children. Some will disciple them well, some will disciple them poorly.

Some will disciple them in righteousness, some will disciple them in worldliness. Some will train and admonish them in the Lord God of heaven, some will train and admonish them in the ways of a false lord. We must ask ourselves this day whom we will serve; I proclaim, and pray for you as well, that as for me and my house we will serve Yahweh. (Joshua 24.15)

We respond to God's truth with this song, "A Christian Home". We do want our households to be:

*built firm upon the Savior,
Where Christ is Head and Counselor and Guide;
Where ev'ry child is taught His love and favor
And gives his heart to Christ crucified.*

A Family that Worships

Ephesians 6.4

Mike Elliott

12/16/07 — Dominion Covenant Church

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Available on the info table today are:

Chapter 63 of the PCA Directory of Worship, *Christian Life in the Home*.

The Westminster Assembly of 1647, *Directory for Family-Worship*.

Suggestions from Dr Francis Nigel Lee, an excerpt from his *Daily Family Worship*.

Helpful resources might include:

Family Worship: In the Bible, in History & in Your Home, by Don Whitney.

The Family Worship Book: A Resource Book for Family Devotions, by Terry L. Johnson.

Daily Family Worship, by Dr Francis Nigel Lee. Available at <http://www.dr-fnlee.org/docs/dfw/dfw.pdf>