

Becoming a Healthy Christian

Titus 2:1 Behavior Becoming of your Beliefs

Introduction:

1 Timothy 4:7 discipline yourself for the purpose of godliness; 8 for bodily discipline is only of little profit, but godliness is profitable for all things, since it holds promise for the present life and also for the life to come.

- Casual Carl**
- Political Paul**
- Business Bob**
- Rita Retirement**

Review of Titus:

Titus 2:1 But as for you, speak the things which are fitting for sound doctrine.

#1. Healthy Christians live _____ than Non-Christian's

Matthew 23:15 Woe to you, scribes and Pharisees, hypocrites, because you travel about on sea and land to make one proselyte; and when he becomes one, you make him twice as much a son of hell as yourselves.

Phil. 3:17 Brethren, join in following my example, and observe those who walk according to the pattern you have in us.

1 Tim. 4:12 in speech, conduct, love, faith and purity, show yourself an example of those who believe.

Heb. 13:7 Remember those who led you, who spoke the word of God to you; and considering the result of their conduct, imitate their faith.

1 Cor. 11:1 Be imitators of me, just as I also am of Christ

1st - If you don't live differently you may not be a _____

Matthew 7:20 you will know them by their fruits. 21 Not everyone who says to Me, 'Lord, Lord,' will enter the kingdom of heaven; but he who does the will of My Father who is in heaven. 22 Many will say to Me on that day, 'Lord, Lord, did we not prophesy in Your name, and in Your name cast out demons, and in Your name perform many miracles?' 23 And then I will declare to them, 'I never knew you; depart from Me, you who practice lawlessness.'

1 John 3:7 let no one deceive you; the one who practices righteousness is righteous, just as He is righteous; 10 By this the children of God and the children of the Devil are obvious: anyone who does not practice righteousness is not of God, nor the one who does not love his brother.

2nd - If you don't live different, it may be because of the influence of _____ company

1 Corinthians 15:33 Do not be deceived: "Bad company corrupts good morals." 34 Become sober-minded as you ought, and stop sinning; for some have no knowledge of God.

3rd - If you don't live differently, you may not have the proper Godly _____

• How different do you live from a non-Christian?

1 2 3 4 5 6 7 8 9 10

#2. Healthy Christians _____ each other to live Godly

1st - Sunday _____ is not enough to be trained to live Godly and be spiritually healthy

2nd - Only relationships committed to _____ in Christ are training each other and healthy

• Are you being trained by others to live like Christ?

1 2 3 4 5 6 7 8 9 10

#3. Healthy Christians live in _____ with Biblical truth

But speak thou things which become sound doctrine.

1st - Titus 2:2-10 declares what behavior is _____ to be a healthy Christian

2nd - Becoming truths are not _____ rules, but biblical principles a Christian wants to obey from the heart

Romans 6:17 ..though you were slaves of sin, you became obedient from the heart ...

2 Cor. 5:17 if any man is in Christ, he is a new creature; the old things passed away; behold, new things have come.

• *Is your life progressively more in harmony with the Bible?*

1 2 3 4 5 6 7 8 9 10

#4. Healthy Christians pursue living _____, just like Jesus

Luke 5:31 Jesus...said...It is not those who are well who need a physician, but those who are sick.

Luke 7:10 when those who had been sent returned to the house, they found the slave in good health.

1 Tim. 1:10. and immoral men and homosexuals and kidnappers and liars and perjurers, and whatever else is contrary to sound teaching

1 Timothy 6:3-4 If anyone advocates a different doctrine, and does not agree with sound words, those of our Lord Jesus Christ, and with the doctrine conforming to godliness, 4 he is conceited and understands nothing; but he has a morbid interest in controversial questions and disputes about words, out of which arise envy, strife, abusive language, evil suspicions,

2 Timothy 4:3-4 For the time will come when they will not endure sound doctrine; but wanting to have their ears tickled, they will accumulate for themselves teachers in accordance to their own desires; 4 and will turn away their ears from the truth, and will turn aside to myths.

• *Do you live like Christ, according to the Word?*

1 2 3 4 5 6 7 8 9 10

Total = _____
[] under 16 = _____
[] 17 to 28 = _____
[] 29 to 40 = _____

Conclusion:

#1. _____ am I to live like to be healthy?
• Titus 2:1-10

#2. _____ am I to live spiritually healthy?
1st - The G _____ of God
4 • Titus 2:11-14

2nd - Our witness of the G _____ of Christ
leading to the salvation of the lost
4 • Titus 2:5, 8, 10

#3. _____ am I to live spiritually healthy?
1st - Through T _____
• Titus 2:11-12

2nd - Through T _____
• Titus 2:3 - 4

#4. _____ I am to live spiritually healthy?