

The Heidelberg Catechism

1. What is your only comfort in life and in death?

That I, with body and soul, both in life and in death,¹ am not my own,² but belong to my faithful Savior Jesus Christ,³ who with His precious blood⁴ has fully satisfied for all my sins,⁵ and redeemed me from all the power of the devil;⁶ and so preserves me⁷ that without the will of my Father in heaven not a hair can fall from my head;⁸ indeed, that all things must work together for my salvation.⁹ Wherefore, by His Holy Spirit, He also assures me of eternal life,¹⁰ and makes me heartily willing and ready from now on to live unto Him.¹¹

¹ Rom 14:7-9; ² 1 Cor 6:19-20; ³ 1 Cor 3:23; Tit 2:14; ⁴ 1 Pt 1:18-19; ⁵ 1 Jn 1:7; 2:2; ⁶ Jn 8:34-36; Heb 2:14-15; 1 Jn 3:8; ⁷ Jn 6:39-40, 10:27-30; 2 Thes 3:3; 1 Pt 1:5; ⁸ Mt 10:29-31; Lk 21:16-18; ⁹ Rom 8:28; ¹⁰ Rom 8:15-16; 2 Cor 1:21-22, 5:5; Eph 1:13-14; ¹¹ Rom 8:14