

Intro:

READ WLC Q&A 172

Main Point of Text: The Lord's Supper is a reminder of His having sent away our sins.

Sermon Point: *Sit Down at the Supper and Send Your Sins Away*

Move 1: The Lord's Supper is to assure you who doubt that your sins have been sent away.

LC: "in which case (because promises are made, and this sacrament is appointed, for the relief even of weak and doubting Christians)": Matthew 26:28: Blood has been lit., "poured out". Sacrifice is over. Remission lit., "sending away". Like scapegoat in Lev. 16. Luke 22:20: "shed for you" Jesus paid for your sins, and sent them away. So He calls you to eat and drink: Mt. 11:28; 12:20 (Isaiah 42:3).

Move 2: Just because you doubt yourself and preparation does not mean that you are not prepared.

LC: "One who doubteth of his being in Christ, or of his due preparation to the sacrament of the Lord's supper, may have true interest in Christ, though he be not yet assured thereof": WCF 18:3/LC 81. 1 John 5:13; Jonah 2:4, 7.

LC: "and in God's account hath it, if he be duly affected with the apprehension of the want of it". Christ says, Mat 5:3,4. You need to say, Psalm 73:22-23, 26, 28.

Move 3: The main issue is to be sure you are not going through the motions without affection.

LC: "and unfeignedly desires to be found in Christ, and to depart from iniquity":

- Truly desire Christ: Phil. 3:9-10.
- Depart from iniquity: 2 Tim. 2:19.
- Be real and repent. Isaiah 50:10.

Move 4: Just be sure to have truly examined yourself.

LC: "he is to bewail his unbelief": Mark 9:24: *And straightway the father of the child cried out, and said with tears, Lord, I believe; help thou mine unbelief.* Sanctification a process. That is its prayer. Don't let doubts excuse being undisciplined. Phil. 2:12: ... *work out your own salvation with fear and trembling.*

LC "labour to have his doubts resolved": Acts 2:37; 16:30: Jews and jailer earnestly asked, "what shall we do?" Assurance comes with asking about actions. Jesus criticizes a lack of faith/inaction.

Move 5: Having truly examined yourself, come eat and drink to feed your faith on Christ.

LC: "and, so doing, he may and ought to come to the Lord's supper, that he may be further strengthened": 1 Cor. 11:28: *But let a man examine himself, and so let him eat of that bread, and drink of that cup.* All commands.

Conclusion:

Sit Down at the Supper and Send Your Sins Away