

**INSTRUCTIONS FOR THE AGED**  
**December 8, 2013**  
**Titus 2:1-15**

Our teaching from Scripture regarding various stages of life comes now to the sixth stage, that of aging adults. We focus upon the brief, pointed instructions that the Apostle Paul gave to Titus regarding how he was to instruct aged men and women in the church at Crete.

**I. The Aged Men (v. 2)**

- A. Sober: Temperate and moderate in all of their tastes and habits
- B. Grave: Dignified, venerable, respectable
- C. Temperate: Sensible, self-controlled, of mature judgment and restraint
- D. Sound in faith: Free from error and vibrant, not lukewarm; not mere emotion
- E. Sound in charity: Loving their neighbor, regardless; not mere sentimentality
- F. Sound in patience: Endurance amid life's trials

**II. The Aged Women (vv. 3-5)**

- A. Behavior becoming holiness: Reverent in demeanor
- B. Not false accusers or given to much wine: Slanderous speech is prohibited
- C. Teachers of good things: Teaching young women excellence by example and word
  - 1. Sobriety
  - 2. Love of husbands and children
  - 3. Discreteness: Self-controlled
  - 4. Chastity
  - 5. Workers at home
  - 6. Goodness: Kindness
  - 7. Submission to husbands