

The New Man Speaks  
Ephesians 4:29-30

Proverbs 18:21, "Death and life are in the power of the tongue."

Our words can be a dangerous weapon, and always reveal what is in our hearts.

**Unwholesome Words: The Old Man Speaks**

What does unwholesome mean?

What are some examples of unwholesome speech?

The old man cannot help but speak out of the overflow of his fallen heart.

**Grace-giving Words: The New Man Speaks**

**Four Filters on your Speech**

It must be true (verse 26)

It must edify (verse 29b)

Where is our attention when we are speaking?

To speak to their needs you must know their needs.

It must be appropriate (verse 29b)

Isaiah 50:4

Have you learned to speak a well-chosen word? A word in season?

It must minister grace (verse 29b)

Ecclesiastes 10:12

**Don't grieve the Holy Spirit**

He is a person.

Out of the abundance of the heart, the mouth speaks.

What is in your heart?