

Our Times of Despair

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I. “Gloom—Despair—And agony on me—Deep dark depression—Excessive misery”

A. There are times of despair when we talk to ourselves

Psa 42:5 Why art thou cast down, O my soul? and *why* art thou disquieted in me? hope thou in God...

1Sa 1:13 Now Hannah, she spake in her heart; only her lips moved, but her voice was not heard: therefore Eli thought she had been drunken.

Mat 9:21 For she said within herself, If I may but touch his garment, I shall be whole.

Luk 15:17-18 And when he came to himself, he said...I will arise and go to my father...

B. There are times of despair when we wish to escape

Psa 55:4 My heart is sore pained within me: and the terrors of death are fallen upon me.

Psa 55:5 Fearfulness and trembling are come upon me, and horror hath overwhelmed me.

Psa 55:6 And I said, Oh that I had wings like a dove! *for then* would I fly away, and be at rest.

Psa 11:1 ...Flee *as* a bird to your mountain...

Job 10:1 My soul is weary of my life...

Job 7:16 ...I would not live alway: let me alone; for my days *are* vanity.

1Ki 19:4 ...he himself went a day's journey into the wilderness, and came and sat down under a juniper tree: and he requested for himself that he might die; and said, It is enough; now, O LORD, take away my life; for I *am* not better than my fathers.

Num 11:14 I am not able to bear all this people alone, because *it is* too heavy for me.

Num 11:15 And if thou deal thus with me, kill me, I pray thee, out of hand, if I have found favour in thy sight; and let me not see my wretchedness.

C. There are times of despair when we break down and cry

Psa 6:6 I am weary with my groaning; all the night make I my bed to swim; I water my couch with my tears.

1Sa 1:10 And she (*Hannah*) was in bitterness of soul, and prayed unto the LORD, and wept sore.

2Ki 20:2 Then he turned his face to the wall, and prayed unto the LORD, saying,

2Ki 20:3 I beseech thee, O LORD, remember now how I have walked before thee in truth and with a perfect heart, and have done *that which is* good in thy sight. And Hezekiah wept sore.

Luk 7:38 (*the woman*) stood at his feet behind *him* weeping, and began to wash his feet with tears, and did wipe *them* with the hairs of her head, and kissed his feet...

Luk 22:62 And Peter went out, and wept bitterly.

Psa 137:1 By the rivers of Babylon, there...we wept, when we remembered Zion...

Psa 126:5 They that sow in tears shall reap in joy.

Psa 126:6 He that goeth forth and weepeth, bearing precious seed, shall doubtless come again with rejoicing, bringing his sheaves *with him*.

Psa 30:5 ...weeping may endure for a night, but joy *cometh* in the morning.

II. Jesus had times of despair—(Times like our times)

A. Did Jesus ever come to a point where He talked to Himself? —I believe He did

Joh 12:27 Now is my soul troubled; and what shall I say? Father, save me from this hour: but for this cause came I unto this hour.

Joh 12:28 Father, glorify thy name. Then came there a voice from heaven, *saying*, I have both glorified *it*, and will glorify *it* again.

B. Did Jesus ever come to a point where He wished to escape? —I believe He did

Mat 14:13 When Jesus heard *of it*, he departed thence by ship into a desert place apart: and when the people had heard *thereof*, they followed him on foot out of the cities.

Mat 14:23 And when he had sent the multitudes away, he went up into a mountain apart to pray: and when the evening was come, he was there alone.

Joh 4:6 ...being wearied with *his* journey...

C. Did Jesus ever break down and cry? —I believe He did

Joh 11:33 When Jesus therefore saw her weeping, and the Jews also weeping which came with her, he groaned in the spirit, and was troubled...

Joh 11:35 Jesus wept.

Luk 22:42 Saying, Father, if thou be willing, remove this cup from me: nevertheless not my will, but thine, be done.

Luk 22:43 And there appeared an angel unto him from heaven, strengthening him.

Luk 22:44 And being in an agony he prayed more earnestly: and his sweat was as it were great drops of blood falling down to the ground.

Heb 5:7 Who in the days of his flesh, when he had offered up prayers and supplications with strong crying and tears unto him that was able to save him from death...

III. Jesus has felt what we now feel—Jesus knows how it feels—Knows how we feel

Heb 4:15 For we have not an high priest which cannot be touched with the feeling of our infirmities (*weaknesses, feebleness*); but was in all points tempted (*tested, tried*) like as *we are, yet* without sin.

Heb 4:16 Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.

Heb 2:18 For in that he himself hath suffered being tempted (*tested, tried*), he is able to succour (*help, relieve*) them that are tempted (*tested, tried*).

IV. What did David do in his time of despair?

1Sa 30:6 ...David encouraged himself in the LORD his God.

V. What was Jeremiah's conclusion in his time of 'lamentation'?

Lam 3:26 *It is good that a man should both hope and quietly wait for the salvation of the LORD.*

VI. What should we do in our times of despair?

Psa 27:14 Wait on the LORD: be of good courage, and he shall strengthen thine heart: wait, I say, on the LORD.

Heb 10:36 For ye have need of patience, that, after ye have done the will of God, ye might receive the promise.

Heb 10:37 For yet a little while, and he that shall come will come, and will not tarry.

Heb 10:38 Now the just shall live by faith...

Psa 56:3 What time I am afraid, I will trust in thee.

VII. Three Psalms: One about a Shepherd—One about a sinner—One about a storm

A. The Shepherd is with His sheep

Psa 23:1 The LORD *is* my shepherd; I shall not want.

Psa 23:2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.

Psa 23:3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

Psa 23:4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou *art* with me; thy rod and thy staff they comfort me.

Psa 23:5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

Psa 23:6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever.

B. God hears the sinner's cry

Psa 130:1 Out of the depths have I cried unto thee, O LORD.

Psa 130:2 Lord, hear my voice: let thine ears be attentive to the voice of my supplications.

Psa 130:3 If thou, LORD, shouldest mark iniquities, O Lord, who shall stand?

Psa 130:4 But *there is* forgiveness with thee, that thou mayest be feared.

Psa 130:5 I wait for the LORD, my soul doth wait, and in his word do I hope.

Psa 130:6 My soul *waiteth* for the Lord more than they that watch for the morning: *I say, more than* they that watch for the morning.

Psa 130:7 Let Israel hope in the LORD: for with the LORD *there is* mercy, and with him *is* plenteous redemption.

Psa 130:8 And he shall redeem Israel from all his iniquities.

C. The Lord is with us in our storms

Psa 107:23 They that go down to the sea in ships, that do business in great waters;

Psa 107:24 These see the works of the LORD, and his wonders in the deep.

Psa 107:25 For he commandeth, and raiseth the stormy wind, which lifteth up the waves thereof.

Mat 14:22 And straightway Jesus constrained his disciples to get into a ship...

Mar 4:35 ...he saith unto them, Let us pass over unto the other side.

Psa 107:26 They mount up to the heaven, they go down again to the depths: their soul is melted because of trouble.

Psa 107:27 They reel to and fro, and stagger like a drunken man, and are at their wits' end.

Mar 4:38 ...and say unto him, Master, carest thou not that we perish?

Psa 107:28 Then they cry unto the LORD in their trouble, and he bringeth them out of their distresses.

Mat 14:25 ...Jesus went unto them, walking on the sea.

Mar 4:39 ...said unto the sea, Peace, be still. And the wind ceased...

Psa 107:29 He maketh the storm a calm, so that the waves thereof are still.

Psa 107:30 Then are they glad because they be quiet; so he bringeth them unto their desired haven.

Psa 107:31 Oh that *men* would praise the LORD *for* his goodness, and *for* his wonderful works to the children of men!

