

# Our Times of Despair

Elder Jeff Winfrey, Pastor  
Dawson Springs Primitive Baptist Church  
101 East Walnut Street  
Dawson Springs, KY 42408  
www.dspbc.com

## I. “Gloom—Despair—And agony on me—Deep dark depression—Excessive misery”

### A. There are times of despair when we talk to ourselves

Psa 42:5 Why art thou cast down, O my soul? and *why* art thou disquieted in me? hope thou in God...

1Sa 1:13 Now Hannah, she spake in her heart; only her lips moved, but her voice was not heard: therefore Eli thought she had been drunken.

Mat 9:21 For she said within herself, If I may but touch his garment, I shall be whole.

Luk 15:17-18 And when he came to himself, he said...I will arise and go to my father...

### B. There are times of despair when we wish to escape

Psa 55:4 My heart is sore pained within me: and the terrors of death are fallen upon me.

Psa 55:5 Fearfulness and trembling are come upon me, and horror hath overwhelmed me.

Psa 55:6 And I said, Oh that I had wings like a dove! *for then* would I fly away, and be at rest.

Psa 11:1 ...Flee *as* a bird to your mountain...

Job 10:1 My soul is weary of my life...

Job 7:16 ...I would not live alway: let me alone; for my days *are* vanity.

1Ki 19:4 ...he himself went a day's journey into the wilderness, and came and sat down under a juniper tree: and he requested for himself that he might die; and said, It is enough; now, O LORD, take away my life; for I *am* not better than my fathers.

Num 11:14 I am not able to bear all this people alone, because *it is* too heavy for me.

Num 11:15 And if thou deal thus with me, kill me, I pray thee, out of hand, if I have found favour in thy sight; and let me not see my wretchedness.

### C. There are times of despair when we break down and cry

**Psa 6:6** I am weary with my groaning; all the night make I my bed to swim; I water my couch with my tears.

**1Sa 1:10** And she (*Hannah*) was in bitterness of soul, and prayed unto the LORD, and wept sore.

**2Ki 20:2** Then he turned his face to the wall, and prayed unto the LORD, saying,

**2Ki 20:3** I beseech thee, O LORD, remember now how I have walked before thee in truth and with a perfect heart, and have done *that which is* good in thy sight. And Hezekiah wept sore.

**Luk 7:38** (*the woman*) stood at his feet behind *him* weeping, and began to wash his feet with tears, and did wipe *them* with the hairs of her head, and kissed his feet...

**Luk 22:62** And Peter went out, and wept bitterly.

**Psa 137:1** By the rivers of Babylon, there...we wept, when we remembered Zion...

**Psa 126:5** They that sow in tears shall reap in joy.

**Psa 126:6** He that goeth forth and weepeth, bearing precious seed, shall doubtless come again with rejoicing, bringing his sheaves *with him*.

**Psa 30:5** ...weeping may endure for a night, but joy *cometh* in the morning.

## II. Jesus had times of despair—(Times like our times)

### A. Did Jesus ever come to a point where He talked to Himself? —I believe He did

**Joh 12:27** Now is my soul troubled; and what shall I say? Father, save me from this hour: but for this cause came I unto this hour.

**Joh 12:28** Father, glorify thy name. Then came there a voice from heaven, *saying*, I have both glorified *it*, and will glorify *it* again.

### B. Did Jesus ever come to a point where He wished to escape? —I believe He did

**Mat 14:13** When Jesus heard *of it*, he departed thence by ship into a desert place apart: and when the people had heard *thereof*, they followed him on foot out of the cities.

**Mat 14:23** And when he had sent the multitudes away, he went up into a mountain apart to pray: and when the evening was come, he was there alone.

**Joh 4:6** ...being wearied with *his* journey...

### C. Did Jesus ever break down and cry? —I believe He did

**Joh 11:33** When Jesus therefore saw her weeping, and the Jews also weeping which came with her, he groaned in the spirit, and was troubled...

**Joh 11:35** Jesus wept.

Luk 22:42 Saying, Father, if thou be willing, remove this cup from me: nevertheless not my will, but thine, be done.

Luk 22:43 And there appeared an angel unto him from heaven, strengthening him.

Luk 22:44 And being in an agony he prayed more earnestly: and his sweat was as it were great drops of blood falling down to the ground.

Heb 5:7 Who in the days of his flesh, when he had offered up prayers and supplications with strong crying and tears unto him that was able to save him from death...

### III. Jesus has felt what we now feel—Jesus knows how it feels—Knows how we feel

Heb 4:15 For we have not an high priest which cannot be touched with the feeling of our infirmities (*weaknesses, feblenesses*); but was in all points tempted (*tested, tried*) like as *we are, yet* without sin.

Heb 4:16 Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need.

Heb 2:18 For in that he himself hath suffered being tempted (*tested, tried*), he is able to succour (*help, relieve*) them that are tempted (*tested, tried*).

### IV. What did David do in his time of despair?

1Sa 30:6 ...David encouraged himself in the LORD his God.

### V. What was Jeremiah's conclusion in his time of 'lamentation'?

Lam 3:26 *It is good that a man should both hope and quietly wait for the salvation of the LORD.*

### VI. What should we do in our times of despair?

Psa 27:14 Wait on the LORD: be of good courage, and he shall strengthen thine heart: wait, I say, on the LORD.

Heb 10:36 For ye have need of patience, that, after ye have done the will of God, ye might receive the promise.

Heb 10:37 For yet a little while, and he that shall come will come, and will not tarry.

Heb 10:38 Now the just shall live by faith...

Psa 56:3 What time I am afraid, I will trust in thee.

### VII. Three Psalms: One about a Shepherd—One about a sinner—One about a storm

#### A. The Shepherd is with His sheep

Psa 23:1 The LORD *is* my shepherd; I shall not want.

Psa 23:2 He maketh me to lie down in green pastures: he leadeth me beside the still waters.

Psa 23:3 He restoreth my soul: he leadeth me in the paths of righteousness for his name's sake.

Psa 23:4 Yea, though I walk through the valley of the shadow of death, I will fear no evil: for thou *art* with me; thy rod and thy staff they comfort me.

Psa 23:5 Thou preparest a table before me in the presence of mine enemies: thou anointest my head with oil; my cup runneth over.

Psa 23:6 Surely goodness and mercy shall follow me all the days of my life: and I will dwell in the house of the LORD for ever.

### **B. God hears the sinner's cry**

Psa 130:1 Out of the depths have I cried unto thee, O LORD.

Psa 130:2 Lord, hear my voice: let thine ears be attentive to the voice of my supplications.

Psa 130:3 If thou, LORD, shouldest mark iniquities, O Lord, who shall stand?

Psa 130:4 But *there is* forgiveness with thee, that thou mayest be feared.

Psa 130:5 I wait for the LORD, my soul doth wait, and in his word do I hope.

Psa 130:6 My soul *waiteth* for the Lord more than they that watch for the morning: *I say, more than* they that watch for the morning.

Psa 130:7 Let Israel hope in the LORD: for with the LORD *there is* mercy, and with him *is* plenteous redemption.

Psa 130:8 And he shall redeem Israel from all his iniquities.

### **C. The Lord is with us in our storms**

Psa 107:23 They that go down to the sea in ships, that do business in great waters;

Psa 107:24 These see the works of the LORD, and his wonders in the deep.

Psa 107:25 For he commandeth, and raiseth the stormy wind, which lifteth up the waves thereof.

Mat 14:22 And straightway Jesus constrained his disciples to get into a ship...

Mar 4:35 ...he saith unto them, Let us pass over unto the other side.

Psa 107:26 They mount up to the heaven, they go down again to the depths: their soul is melted because of trouble.

Psa 107:27 They reel to and fro, and stagger like a drunken man, and are at their wits' end.

Mar 4:38 ...and say unto him, Master, carest thou not that we perish?

Psa 107:28 Then they cry unto the LORD in their trouble, and he bringeth them out of their distresses.

Mat 14:25 ...Jesus went unto them, walking on the sea.

Mar 4:39 ...said unto the sea, Peace, be still. And the wind ceased...

Psa 107:29 He maketh the storm a calm, so that the waves thereof are still.

Psa 107:30 Then are they glad because they be quiet; so he bringeth them unto their desired haven.

Psa 107:31 Oh that *men* would praise the LORD *for* his goodness, and *for* his wonderful works to the children of men!

