Pastor Jim Sole January 9, 2022

A. The Emotional Depths a Believer May Experience

1. Weighted heart of grief Job 6:1-3, Matt. 26:37-38

2. Irrationality of thoughts
Job 6:4, Job 7:20, Job 16:11-14, Job 30:19-22, Ps. 88: 16
Jer. 15:18

3. Exhaustion in spiritual depression

Job 6:11-13, Ps. 88:4, Ps. 22:14-15, 2 Cor. 1:8

4. Hurt from insensitive friends
Job 6:14-21, 2 Tim. 4:10, Col. 4:14, Philemon 23-24

- B. A Believer's Perseverance in the Emotional Depths
  - 1. Resolve to honor God in his death Job 6:8-10, Phil. 1:20
  - 2. Remembrance of the holiness of God Job 6:10, Exodus 15:11
- C. Transparency with God from the Emotional depths
  Ps. 130:1-2, Jonah 2:1-2, Luke 22:39-46, Matt. 27:46, Job 7:12-17,
  2 Tim. 3:1-4
  - 1. Life is under God's curse

- It is hard: Job 7:1-2

- It is stressful and anxiety-filled: Job 7:3-4

- It is physically painful: Job 7:5

- It is mercifully short: Job 7:6-9

- 2. God's ways of dealing with His people are mysterious
  - He may appear to be our tormentor not our comforter Job 7:13-14
  - He may appear to be our destroyer not our healer Job 7:20-21, Mark 4:37-38