

## **My Times are in Your Hand**

### **Psalm 31**

*Christ's Concerto: God is faithful to deliver the one who trusts in Him*

**Introduction:** Psalm 31 – a Concerto in three parts

The most quoted verse of Psalm 31

**First movement – the exposition (1-8):** From a refuge to a broad place

**Verses 1-4:** Refuge, Rock, Fortress

The basis of the Psalmist's plea

**Verse 5 (bridge):** The Psalmist commits his *spirit* to God

A call for you to do the same

**Verses 6-8:** Delivered to a broad place

**Second movement – the development (9-18):** From sorrow to trust

**Verses 9-13:** Distress, sorrow, grief, sighing, reproached, forgotten

**Verses 14-18:** But ... *my times are in your hand*

A call to know the times (and your time)

**Third movement – the recapitulation and coda:** From goodness to praise

**Verses 19-22 (solo):** The Psalmist praises God

**Verses 23-24 (orchestral coda):** The entire orchestra praises God

**Coda** – Christ's concerto