

# Handling Disappointments

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## Acts 7:22–29

There are many things that happen to us every day that bring disappointment. Is disappointment a scriptural attitude or does it reflect a deeper underlying problem in our lives? The objects of our disappointments are not the real problem. The problem is our attitude and our response to being disappointed. Many times, disappointments reveal an emotionally led life, reacting to things that are out of our control.

Disappointment — “not as appointed” or not as planned”

- I. Understanding Disappointment in \_\_\_\_\_  
(Acts 7:22–29)
  - 1 God is sovereign over \_\_\_\_\_ circumstances.
  - 2 God controls \_\_\_\_\_ (Heb. 1:3).
  - 3 \_\_\_\_\_ God to control your circumstances  
(Psa. 31:15–17; 121:1–8; 1 Tim. 6:6–8).
  - 4 God is concerned with every \_\_\_\_\_ of our  
lives (Mat.10:29–31).
  - 5 God changes or allows situations to direct us into  
His will (Psa. 37:23–24).
  - 6 Our reaction to unexpected pressures reveals  
whether we are emotionally led or principally led  
(Phil 4:6-7).

**“Our disappointments are God’s appointments to  
accomplish His perfect plan and will in us.”  
— J. Dwight Pentecost**

II. Understanding Disappointment in \_\_\_\_\_

1. Our focus should be God's expectations for \_\_\_\_\_, not our expectations of others (Rom. 12:1–3).
2. Realize that \_\_\_\_\_ expectations will always lead to disappointment (Jo. 2:23–25).
3. Realize that you are \_\_\_\_\_ of doing whatever it is that the other person has done to disappoint you (Gal. 6:1; 2 Cor. 12:6).
4. Realize the \_\_\_\_\_ that God has shown you and then show it to others (Psa. 103:8–14; 1 Cor. 13:4–8).
5. Realize we should focus on the \_\_\_\_\_ of the race rather than the participants of the race (Heb. 12:1–2; Phil. 3:13–16).

Turn your eyes upon Jesus.  
Look full in His wonderful face.  
And the things of earth will grow strangely dim,  
in the light of His glory and grace.