

Keeping the Heart

Five questions

Who are the puritans?

How do you read the puritans?

- Read free of distractions
- Read them slowly
- Don't be ashamed to use a dictionary
- Read contemplatively
- They are not Scripture

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Why read the Puritans?

- They rightly understand the holiness of God
- Reading books from other centuries exposes blind spots in your own faith
- Their golden nuggets of truth are extremely valuable

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Why read the Puritans?

- **Joel Beeke – Puritan writings:**
 - **Help shape life by Scripture**
 - **Show how to integrate Biblical doctrine into daily life**
 - **Show how to exalt Christ and His beauty**
 - **Show how to live by wholistic faith**
 - **Explain true spirituality**
 - **Teach the importance and primacy of preaching**
 - **Show how to live in two worlds**

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Who is John Flavel?

Why this book?

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Proverbs 4 Overview

- The request: Heart hold fast my words (v. 4)
- The words: Acquire wisdom (v. 5-13)
- The warning: Avoid path of wicked (v. 14-17)
- The charge: Pursue the path of righteousness (v. 18-19)
- The challenge: Be watchful (v. 20-27)

The heart

The lips

The eyes

The feet