

What is Biblical Counseling? Session 2 (Week 2)

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Four Foundational Perspectives on Counseling

- Secular Psychology
- Integrationism
- Synergism
- Biblical Counseling

A. Integration: psychologists who happen to be Christians are best suited to helping people with their problems.

1. The danger of integration. 2 Cor 6:14-18

B. Synergism/spoiling the Egyptians: since “all truth is God’s truth,” Christians should add the best of psychology to what the Bible teaches.

1. They claim to use Scripture to critically examine the findings of psychology.

2. They have the same problems as the integrationists.

3. Their system is usually built around extra-biblical concepts.

4. That which was taken (spoiled) from the Egyptians was silver, gold, and garments, not ideas and beliefs. Lev 18:3-4; 1 Cor 3:19; Col 2:3, 8-10

When we hear something in secular counseling that smacks of truth, how do we know it is true?

- God’s Word is truth. Psalm 119:160; 2 Timothy 3:16; John 17:17

Who is qualified to counsel? Gal 6:1; Rom 15:14

Some understand of secular psychology can be beneficial in grasping the terms and concepts used by those who are operating out of that worldview; however, we do not look to secular psychology for guidance.

Scripture alone is our foundation for truth and those who rightly handle the Word of truth are well equipped to help others.