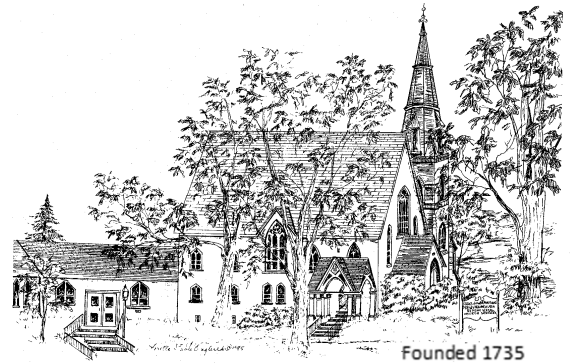


Forks of the Brandywine Presbyterian Church



True Repentance Repentance is Healing

SERMON NOTES: February 26th, 2023

Scripture Text: **Psalm 32:1-7 (ESV)**

32 Blessed is the one whose transgression is forgiven,
whose sin is covered.

² Blessed is the man against whom the LORD counts no iniquity,
and in whose spirit there is no deceit.

³ For when I kept silent, my bones wasted away
through my groaning all day long.

⁴ For day and night your hand was heavy upon me;
my strength was dried up as by the heat of summer. Selah

⁵ I acknowledged my sin to you,
and I did not cover my iniquity;
I said, "I will confess my transgressions to the LORD,"
and you forgave the iniquity of my sin. Selah

⁶ Therefore let everyone who is godly
offer prayer to you at a time when you may be found;
surely in the rush of great waters,
they shall not reach him.

⁷ You are a hiding place for me;
you preserve me from trouble;
you surround me with shouts of deliverance. Selah

I. Hiding Sin is Destructive

II. Confessing Sin is Life-Giving

III. The Daily Rhythm of Repentance