

**“What if...you only had 21 days?”**

**Shaken or Stirred?**

**February 6, 2011**

Life Change Lesson #1: Make God part of your everyday.

Life Change Lesson #2: Be willing and wanting to change.

Life Change Lesson #3: Begin becoming who God has destined you to be.

Life Change Lesson #4: Live seeking more of God and less of ourselves.

**2 Corinthians 4:17**

“Shaken or Stirred” Point #1: God has a **purpose** for every problem we face.

**Job 1:1, 2:9-10; Romans 8:28**

“Shaken or Stirred” Point #2: Facing **problems** comes with being a Christian in a fallen world.

**1 Peter 4:12, 2 Timothy 3:12-13, Psalms 34:18**

“Shaken or Stirred” Point #3: Enduring **hardship** helps us grow.

*“When life is rosy, we may slide by with knowing about Jesus, with imitating Him and quoting Him and speaking of Him. But only in our suffering will we know Jesus.”*

- Joni Eareckson Tada (quadriplegic artist and author)

**John 15:20-21, 2 Corinthians 4:7-10**

“Shaken or Stirred” Point #4: Facing **challenge** makes us “battle ready.”

**Ephesians 4:14**

“Shaken or Stirred” Point #5: How you choose to deal with **hardship** identifies what you believe about God.

**Romans 5:1-5**

“Shaken or Stirred” Point #6: Your **attitude** in life will impact your journey.

**Hebrews 12:4-7**

“Shaken or Stirred” Point #7: The process of growth can be **painful**.

Life Change Lesson #5: Take on life’s challenges **believing** God is in control.

Things to continue to do for the next seven days:

- √ Read one chapter of Proverbs and five chapters of Psalms every day.
- √ Pray thanking God for the day He has given you and ask for His guidance every morning. Talk with Him and listen throughout the day. Close the evening considering what you accomplished in His name.
- √ Continue to journal recording your thoughts, plans and goals for the next 21 days and record what happens each day.
- √ Seek the Lord in how He wants you to change in the next seven days.
- √ Agree to allow God to work through your challenges and embrace His sovereign will for your life.