



www.CRBC.faith • 2630 Woodward Ave. • New Castle, IN

The Promised Rest – Prt.1

Hebrews 4:2-10

‘Study to show thyself approved unto God...’ – 2 Timothy 2:15
The importance of reading and learning God’s word is a vital part of both growing and also experiencing the blessing of belonging to God the Father through His Son, Jesus Christ.

This truth is one of the purposes why we wish to offer you these sermon notes which are to be used while listening to the sermon.

If you have any further questions relating to the sermon, sermon notes or would like to learn more about the ministry of Christ Reformed Baptist Church, please do not hesitate to contact
Pastor Doug Barger
email: pastor@crbc.faith or phone: #317-945-2262

INTRODUCTION

Today we will begin to understand the significance of the believer's promised rest.

HOW THEN ARE WE GOING TO CONSIDER THIS TEXT?

vv.2-3a – Promise of rest in OT&NT

vv.3b – 4 – Introduction of God's Sabbath rest

vv.5-8 – Canaan pointed to this rest.

v.9 – A future rest remains for believers

v.10 – A rest already granted.

vv.2-3a Promise of rest in OT & NT

DUAL NATURE OF REDEMPTIVE HISTORY:

- (1) an immediate historical means to an end, in order to move God's purposes forward in time
- (2) as an object lesson that would point to spiritual realities that transcend human history.

A. IMMEDIATE HISTORICAL REALITY / SENSE:

(GOSPEL) G2097- εὐαγγελίζω euangelízō, yoo-ang-ghel-id'-zo

- The wilderness generation was preached the (yoo-ang-ghel-id'-zo) as physical REST.

However, that is not all that was intended by God to be conveyed to them. There was also a spiritual REST pointed to.

Heb.10:7 “Behold, I have come—in the volume of the book it is written of Me.”

Colossians 2:16-17 Paul describes how that there holydays, dietary laws were all “...a shadow of things to come; but the body (substance) is of Christ.”

Luke 24:44 “All things must be fulfilled which were written in the Law of Moses and the Prophets and the Psalms concerning Me.”
(also Ref. Lk24:27, Jhn.5:39,46).

B. FUTURE SPIRITUAL REALITY / SENSE:

There is a real sense in which the gospel of the Messiah was proclaimed to them namely through symbols, types, and shadows.

Gal.3:8-9 “And the scripture, foreseeing that God would justify the heathen through faith, preached before the gospel unto Abraham, saying, In thee shall all nations be blessed. 9So then they which be of faith are blessed with faithful Abraham.”

Jhn8:56 “Your father Abraham rejoiced to see my day: and he saw it, and was glad.”

C. THE IMMEDIATE REST ENTERED INTO

v.3 Notice however the writer sets forth the truth that for those who can identify with the (we), that is those who believe in the gospel’s ultimate and real spiritual rest **(verb) ‘do’** enter the promised rest!

JHN. 3:1-21 – Nicodemus the religious leader - REST from external religiosity.

JHN.4:5-42 – Samaritan woman at well – REST from want of real love & acceptance.

JHN.8:2-11 – Forgiveness of Adulterous woman – REST from the condemnation of others.

Mth.9:9-17 The Call of Matthew – REST from life dominating sins.

D. REALIZED REST contrasted w/ JUDGEMENT UPON UNBELIEF

CLOSING THOUGHTS AND APPLICATION:

For the Christian: Today in this text, we have witnessed just what an awesome privilege it is to stand in the New Covenant, meaning that on this side of the cross, we, by faith alone, see what ALL redemptive history pointed to (including the object lesson of the Jews) and we now possess it.

But there is much more to our rest as God's people than what we have ALREADY obtained. This is what will be covered in our next message in the examination of vv.5-10 beginning with the reference to God's Sabbath rest.

For the Unbeliever: No matter how hard you try...you will never be able to escape the unrest which plaques your conscious. The Scriptures tells you why:

Rom1: 18 For the wrath of God is revealed from heaven against all ungodliness and unrighteousness of men, who hold the truth in unrighteousness; 19Because that which may be known of God is manifest in them; for God hath shewed it unto them. 20For the invisible things of him from the creation of the world are clearly seen, being understood by the things that are made, even his eternal power and Godhead; so that they are without excuse: 21Because that, when they knew God, they glorified him not as God, neither were thankful; but became vain in their imaginations, and their foolish heart was darkened.