Forget Not All His Benefits Psalm 103:1-22 March 17, 2013

Main Point:

Remind yourself of all the benefits you have as a child of God and bless the Lord for them.

1. God wants you to remember all the benefits you have from Him.

2. Remind yourself that God has forgiven you all your sins.

- 3. Remind yourself that God always deals with you in mercy and not as you deserve.
- 4. Remind yourself that God understands your weaknesses.

5. Remind yourself of all these benefits, so that you bless the Lord for them.

Quotations and Cross-References

Isaiah 53:5 But He *was* wounded for our transgressions, *He was* bruised for our iniquities; The chastisement for our peace *was* upon Him, And by His stripes we are healed. (NKJV)

Charles Spurgeon "By purchase and by power the Lord redeems us from the spiritual death into which we had fallen, and from the eternal death which would have been its consequence."

Jeremiah 31:34b ³⁴ ... For I will forgive their iniquity, and their sin I will remember no more." (NKJV)

2 Corinthians 5:21 ²¹ For He made Him who knew no sin *to be* sin for us, that we might become the righteousness of God in Him. (NKJV)

Charles Spurgeon "Cleansing, healing, redemption, are not enough, he must needs make them kings and crown them, and the crown must be far more precious than if it were made of corruptible things, such as silver and gold; it is studded with gems of grace and lined with the velvet of lovingkindness; it is decked with the jewels of mercy, but made soft for the head to wear by a lining of tenderness."

Romans 5:8 8 But God demonstrates His own love toward us, in that while we were still sinners, Christ died for us. (NKJV)

Charles Spurgeon "Up to this moment, at our very worst, we have never suffered as we deserved to suffer; our daily lot has not been apportioned upon the rule of what we merited, but on the far different measure of undeserved kindness."

Genesis 2:7 And the LORD God formed man *of* the dust of the ground, and breathed into his nostrils the breath of life; and man became a living being. (NKJV)

Genesis 3:19 ¹⁹ In the sweat of your face you shall eat bread Till you return to the ground, For out of it you were taken; For dust you *are*, And to dust you shall return." (NKJV)

Hebrews 4:15 ¹⁵ For we do not have a High Priest who cannot sympathize with our weaknesses, but was in all *points* tempted as *we are, yet* without sin. (NKJV)