

## Introduction

In laments, the psalmist gives expression to his desperate need and petitions the Lord to deliver him. When we lament we face up to the problems that face us.

We acknowledge that only God and his power can deal with these problems.

## Summary

**In Psalm 3, the psalmist is quiet and confident; not overcome by the reality of evil but rather confident of the Lord's protection.**

### 1. Opening Address vs. 1a

In the midst of his trouble, the king prayed, "O LORD."

### 2. Detailed Lament vv.1b- 2

David lamented over his many adversaries.

The psalmist believes in God's sovereignty but he is face to face with the brick wall of enemies who question God's saving purposes for him. He is living in the reality gap between what God has promised and what we see around us

### 3. Trusting Confession vv. 3-6

David addressed God confidently. He was certain of God's promises that are confirmed in the Lord's covenant. Therefore, his confidence rested in God, as His shield and glory and the One who lifted up his head (3:3).

God not only protects but answers the prayers of those who call upon him (3:4), which makes possible the transition to his quiet statement of trust (3:5-6).

### 4. Specific Petition vs. 7

When the armies of Israel set forth with the ark of the covenant, the symbol of God's presence, they said: **Numbers 10:35** "Arise, O LORD, and let your enemies be scattered, and let those who hate you flee before you."

The psalmist uses the opening words of this ancient prayer: "Rise up, O Lord."

With God's presence, victory would come and their enemies would be annihilated.

### 5. Grateful Acknowledgment vs. 8

Victory belongs to the Lord, and he grants it to his beloved.

David's prayer was that through the victory granted to the Lord's anointed, God's blessing might return to his people.

David looked forward to the time of full blessing. In his hope lies ours, for in Jesus' promises, the victory and blessings of God are assured.

**The Psalm points to Christ.** Jesus was not delivered but handed over to death so that His people might be delivered. Where is your confidence in the day of trial?

The psalmist had confidence that God would deliver him

God had spoken with him and promised him deliverance in the covenant - 2 Sam 7.

**Christians look to a better covenant in Christ.**