

**To Eat or Not to Eat?**  
**1 Corinthians 10:23-30**  
March 24, 2024

**1. Rightly use your liberty (23-24)**

**2. Confidently use your liberty (25-27)**

**3. Faithfully maintain your testimony (28-29)**

**4. Do not denounce the right use of liberty (30)**

*Next week: 1 Peter 1:3*

*By Steve Sherman, Pastor of Christian Fellowship Church, East Brunswick, NJ.*

## Discussion Questions

The following questions are designed to be used by parents in discussing the sermon with their children, but can be used by anyone in discussing the sermon with others:

1. What stood out to you in this sermon? Why?
2. What does this passage teach us to consider when we make decisions?
3. Was it okay to eat meat that was sold in the market and that possibly had been offered to an idol? Why or why not?
4. What does this passage teach about where food comes from? According to this passage, how should we eat?
5. Was it okay to eat meat if an unbeliever told you it had been offered to an idol? Why or why not?
6. What does it mean for a Christian to faithfully maintain their testimony?
7. Do you have a testimony? Explain.

### Going Deeper:

These questions are designed for the believer to use in prayer with his/her Lord, and in discussion with brothers and sisters in the Lord:

1. How did this sermon challenge your thinking, or grow your understanding?
2. What is the main idea of this passage?
3. What is a liberty? What are some examples of Christian liberties?
4. Is it ever hard for you to confidently use your liberties? Explain.
5. What sorts of things could damage your testimony?
6. How much concern have you been showing to maintain a good testimony? Explain.
7. This passage corrects several ways every Christian could go wrong. What are they? How are they to be corrected? Do you need to be corrected in any of these ways?
8. What is the primary way your heart should be affected by this sermon this week? What is the primary way your actions should be affected?