

**LIBERATING GRACE**  
**Good News About Grace – Part 5**  
**Galatians 3:3**  
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*"You began your life in Christ by the Spirit. Now are you trying to make it complete by your own power? That is foolish." Galatians 2:3 (NCV)*

**Two great enemies of grace**

**Legalism** -- trying to earn God's approval through rules.

**Perfectionism** -- trying to prove my worth by being perfect.

**I. HOW PERFECTIONISM HARMS**

**\* IT DEFEATS MY** \_\_\_\_\_

*"If you wait for perfect conditions, you'll never get anything done." Eccl. 11:4 (LB)*

**\* IT DAMAGES MY** \_\_\_\_\_

*"Love forgets mistakes; nagging about them parts the best of friends." Prov. 17:9 (LB)*

**\* IT DESTROYS MY** \_\_\_\_\_

*"Do not be excessively righteous and do not be overly wise. Why should you ruin yourself?" Eccl. 7:16 (NNAS)*

**II. HOW TO R.E.L.A.X. IN GOD'S GRACE**

**REALIZE** \_\_\_\_\_

*"Nothing is perfect except (God's) Word." Ps. 119:96 (LB) "There is no one on earth who does what is right all the time and never makes a mistake."  
Eccl. 7:20 (GN)*

**ENJOY** \_\_\_\_\_

*"See how very much our Heavenly Father loves us, for He allows us to be called His children -- think of it -- and we really are!" 1 John 3:1 (LB)  
"If God is for us, who can be against us?" Romans 8:31 (NIV)*

**LET GOD** \_\_\_\_\_

*"Cast all your anxiety on Him because He cares for you." 1 Peter 5:7 (NIV) "A relaxed attitude lengthens a man's life." Prov. 14:30 (LB)*

**ACT** \_\_\_\_\_

*"For it is by grace you have been saved, through faith..." Eph. 2:8 (NIV) "So then, just as you received Christ Jesus as Lord, continue to live in Him." Col. 2:6 (NIV)*

**EXCHANGE** \_\_\_\_\_

*"Are you tired? Worn out? Burned out on religion? Come to Me. Get away with Me and you'll recover your life. I'll show you how to take a real rest... Learn the unforced rhythms of grace." Matt. 11:28-29 (Mes)  
"Be careful that no one fails to receive God's grace..." Heb. 12:15 (NCV)*