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Harvest Baptist Temple

1022 S. Main St., Clyde, Ohio 43410
419-547-8251

Finding The Strength To Go On

Lamentations 3:47-48; 2:11

Pastor James Lewis

Date Preached: 1/17/2010 AM

I. Focus your attention on God. (Lamentation 3:28-29; Matthew 6:6)

II. Ask God to remove your fears. (Lamentations 3:55-57)

Note: The three antidotes to fear.

1. Truth - “the truth will make you free” (John 8:32)
2. Love - “there is no fear in love” (1 John 4:18)
3. Faith (Psalm 34:4; 2 Timothy 1:7)

III. Believe that God will restore you. (Lamentations 5:21; Psalm 7:13)

A. Three things not to do when a tragedy hits.

1. Don’t repress your grief.
2. Don’t resign from life.
3. Don’t retreat into resentment.

B. Two things you should do whenever you face a tragedy.

1. Accept what can not be changed.
2. Focus on what’s left, not what’s lost.
(Jonah 2:7; Lamentations 3:25-26)

IV. Remember what never changes.

- A. God is still in control. (Lamentations 5:17,19)
- B. God still loves me. (Lamentations 2:19-23)
- C. God is all you need. (Lamentations 3:24)

Schedule Of Services

Sunday Morning Bible Study.....9:00 AM
Morning Service.....10:00 AM
Evening Service.....6:00 PM
Wednesday Service.....7:00 PM