

“I Follow Jesus Because He Helps Me!”  
March 27, 2011

**Scripture Reading** – 2 Chron. 16:9; Phil. 4:13

He helps me when...

1. People and circumstances fail. (1 Sam. 30:6; Psalm 54:4)
  
2. I feel overwhelmed. (2 Chron. 14:11; Ps. 40:17; Lk. 21:15; James 1:5)
  
3. I am afraid. (Ps. 46:1; Heb. 13:5-6)
  
4. I have failed Him. (Heb. 4:16; Isa. 45:24)
  
5. Evil forces are attacking. (Eph. 6:10; 2 Tim. 4:17)

**Application:**

1. Discuss with your family or friends how the Lord has helped you. Choose one or several of the points and discuss the help God has been to you.
2. Ask the Lord for His help today. Be specific. Ask in faith.

Bible Study Questions/ Discussion  
"I Follow Jesus Because He Helps Me"  
March 27, 2011

1. Share a recent example in your life when you specifically needed God's help. Discuss the anguish David and his friends felt in the story found in I Sam. 30. Describe what David did and what does that look like in your life. (I Sam. 30:6) (Also compare Ps. 54:4 and Rom. 8:31)
  
2. What overwhelming challenge was King Asa facing in 2 Chron. 14? In verse 11 he summarizes his faith in the Lord. How did the Lord help him? (v. 12-13) What did Asa do first before he came to this place of faith? (2 Chron. 14:7) (Also Deut. 4:29)
  
3. When the Lord delays in his response, how do you feel? What do we tend to think about God in those moments? (Ps. 40:17) When we are in a difficult conversation, what has the Lord promised? (Lk. 21:15; James 1:5) Share an example of the Lord giving you words to say.
  
4. The Lord helps us when we are afraid. What are the top three areas of fear in your life? Psalms has a lot of verses that speak to the subject of fear. Read Psalm 46:1 and summarize what David did when he was afraid. (Also Ps. 56:3; 118:6) What promise do we have in the New Testament concerning times when we are afraid? (Heb. 13:5-6)
  
5. Have you ever hesitated in coming to the Lord? Have you ever felt unworthy? What encouragement do we find in Heb. 4:16? What does the Lord want us to do? (Isa. 45:24)
  
6. The greatest area where we need the Lord's help is with our battle with Satan. (Eph. 6:10) Discuss the experience of Paul and how the Lord delivered him. (2 Tim. 4:17-18) What is the promise from the Lord to us according to vs. 18? (Also 2 Thess. 2:8; I Thess. 5:23-24)
  
7. Pray for one another to find the specific help you need right now from the Lord.