

1. Revelation 10:1-11: As the Apostle John took the little book from the mighty angel and did "eat it up", that is what we are to do each day of our Christian lives!

- a. The Bible is not a good luck charm, having a bible is no evidence that we are children of God, the evidence that we are children of God, and disciples of Christ is "we eat the book daily".
- b. But we don't just "eat it up" we desire it in such a way as to be fed and satisfied by it; we chew it up, we taste its sweet graces and frequently, we also taste its bitterness... when it crosses our sinful flesh and reveals and treats our spiritual maladies.
 - i. But medicine not taken, tasted, and digested is medicine that does us no good! 1 Peter 2:1-3, James 1:21
- c. Whether sweet or bitter, we eat the Word willingly so that we are nourished and bettered by its divine nutrients. The Word is both milk and meat, food and medicine, ALL OF IT to be ingested and digested by you into your soul, dear child of God! Job 23:12, Jeremiah 15:16

2. While every grace that you need is revealed in God's Word, every sin and deficiency that you have will also be revealed to you in God's Word.

- a. I cannot stress enough the importance of each of you to be "eating up" this Holy Book every day!
- b. As necessary as it is for you to eat food to sustain your bodies, it is doubly even triply necessary that you eat the Word to sustain and strengthen your souls. By eating this book you are putting to death the old man and putting on the life of the new man! Hebrews 4:12

3. But IF YOU would eat and be filled with the Good Word of God, you must be hungry for the Good Word of God! Wholeheartedly hungry!

- a. To NOT BE HUNGRY for the Word should be concerning for you and me as children of God. To NOT BE HUNGRY for the Word is to have undesiring hearts toward God, cold hearts toward God, and/or to have our hearts filled with love for other things!
- b. If and when this happens to you, you must not close the Word and walk away from it, you must seek the Lord to open your cold and closed heart! You must lay aside whatever sin it is that besets you from the Word and look to Christ to restore "The Joy of your Salvation" and your hunger for the Good Word of God!
- c. Every child of God (at times) experiences coldness and apathy toward the Word and the things of God, but what will you do when it happens to you? Will you be content with your cold and closed heart?
 - i. Will you just leave off God's Word and go into your day unarmed and without the truth? Ah, the wicked one

loves it when you do that, a cold and unarmed
Christian!

- d. Another cause for you NOT BEING HUNGRY for God's Word (already mentioned) is because your heart is filled with other things, the things of this world, or because you're too tired and because you came to the Word after you expended all your energy on other things.
 - i. Luke 8:14: "Here the good seed of the Word is choked with cares and riches and pleasures of this life, and brings forth no fruit to perfection."
- e. And still, another cause or reason for coldness toward God's Word will be because you're in the deceptive embrace of some sin, and you don't want to go to the Word or hear it because you know what you're going to hear from the Words of Christ!
 - i. There may be times when you don't want to drink the bitters!
- f. Dear child of God, when things aren't well for you day to day, when you find yourself full of earthly cares and anxieties, losing the battles against sin, Satan, and the world, it will always be traced back to a lack of spiritual nourishment from the Word and from being famished because you are not eating up this book!
 - i. And NOT just eating but chewing, tasting, and digesting it so that you may be helped by it!

4. Listen to these passages from Psalm 119, in which the Psalmist proclaims the necessity of the essential Word of God to the Christian's life!

- a. Listen to these passages, and the Psalmists' heart toward the precepts, commandments, and Word of God! This blessedness that he had was because he "ate the book"!
 - i. Psalm 119:1-16, 50, 54, 57, 59, 71-72, 97, 101-103, 111, 133,140
 - ii. Psalm 19:7-12, 92:12-15