

# Lesson 1 Learning Goals:

- (1) Learn to Feed Your Soul and the Souls of Others by Doing Theology.
- (2) Introduce Learning to Do Theology.

# Learn to Feed Your Soul

1 Timothy 4:6 If you instruct the brethren in these things, you will be a good minister of Jesus Christ, nourished in the words of faith and of the good doctrine which you have carefully followed. (NKJV)

# Learn to Feed Your Soul

2 Timothy 3:16–17 All Scripture is breathed out by God and profitable for teaching, for reproof, for correction, and for training in righteousness, 17that the man of God may be complete, equipped for every good work. (ESV)

# Learn to Feed Your Soul

Follow on after His love; tire not of Christ, but come in, and see His beauty and excellency, and feed your soul upon Christ's sweetness.

Samuel Rutherford, *Letters*, p. 380

I wish you a share of my feast; sweet, sweet hath it been to me. If my Lord had not given me this love, I should have fallen through the causeway of Aberdeen by now! But for you, hang on; your feast is not far off; you shall be filled if you go. There is as much in our Lord's pantry as will satisfy all His children, and as much wine in His cellar as will quench all their thirst. Hunger on, for there is meat in hunger for Christ. Never go from Him, but press Him with a dish-full of hungry desires till He fill you; and if He delay, yet come not ye away, albeit ye should fall faint at His feet.

Samuel Rutherford, *Letters*, p.

# Learn to Feed Your Soul by Doing Theology

John 3:19–21 And this is the condemnation, that the light has come into the world, and men loved darkness rather than light, because their deeds were evil. 20For everyone practicing evil hates the light and does not come to the light, lest his deeds should be exposed. 21But he who does the truth comes to the light, that his deeds may be clearly seen, that they have been done in God.” (NKJV)

# Learn to Feed Your Soul by Doing Theology

1 John 1:5–6 This is the message which we have heard from Him and declare to you, that God is light and in Him is no darkness at all. 6If we say that we have fellowship with Him, and walk in darkness, we lie and do not practice the truth. (NKJV)

1 John 1:6 If we claim to have fellowship with him yet walk in the darkness, we lie and do not live by the truth. (NIV)

# The Triune God

Covenant or Covenant Theology

Bible, or The Revealing of God

Biblical Theology (Traces the History of Redemption through the Bible)

Historical Theology (Traces Redemption through History)

Systematic Theology (Divides Theology into Eight Categories)

# The Triune God

Our Great Covenantal God  
or Covenant Theology

Bible, or The Revealing  
of God as Covenantal

Spirit and Word (Isa. 59:21)

Law and Gospel (Rom. 3:19-8:13)



# The Triune God

John 17:20–26 20“I do not pray for these alone, but also for those who will believe in Me through their word; 21that they all may be one, as You, Father, *are in Me, and I in You; that they also may be one in Us, that the world may believe that You sent Me.* 22And the glory which You gave Me I have given them, that they may be one just as We are one: 23I in them, and You in Me; that they may be made perfect in one, and that the world may know that You have sent Me, and have loved them as You have loved Me. 24“Father, I desire that they also whom You gave Me may be with Me where I am, that they may behold My glory which You have given Me; for You loved Me before the foundation of the world. 25O righteous Father! The world has not known You, but I have known You; and these have known that You sent Me. 26And I have declared to them Your name, and will declare *it, that the love with which You loved Me may be in them, and I in them.*” (NKJV)

Proverbs 8:30–31 30Then I was beside Him *as a master craftsman; And I was daily His delight, Rejoicing always before Him,* 31Rejoicing in His inhabited world, And my delight was with the sons of men. (NKJV)

