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Philippians 4:6-7

A Garrison of Peace

# Philippians 4:6-7

When we pray, God stations a garrison of peace inside us, guarding against anxious thoughts.

**C 1:** Be anxious for nothing

**C 2:** Make your requests known to God

**Promise:** The peace of God will guard your hearts and minds

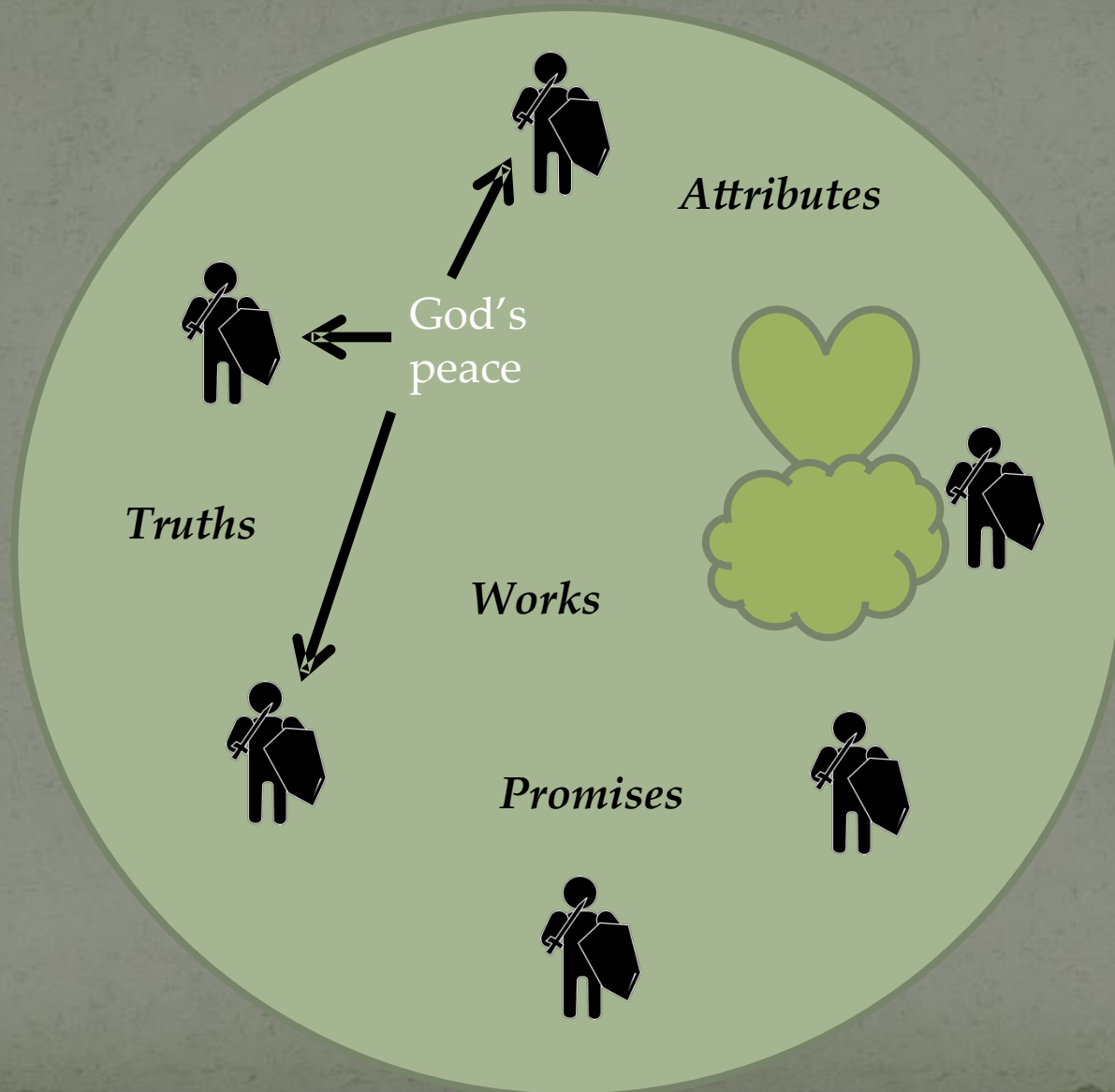
Philippians 4:6-7

*How does God's peace protect us?*



- 1. All this is located in Christ.**

# In Christ Jesus





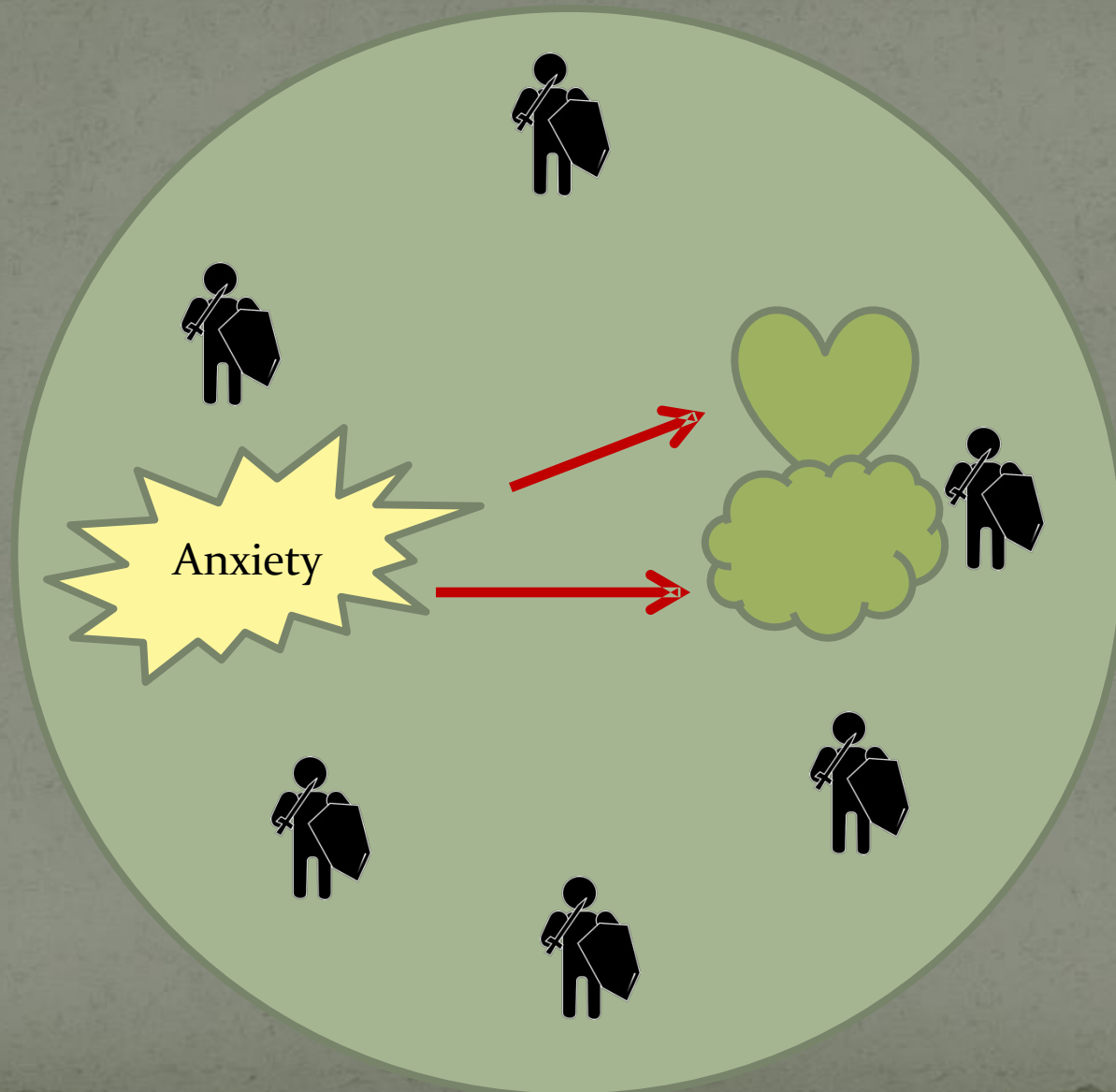
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*How does God's peace protect us?*



**2. Commands reveal that  
it is a spiritual issue.**

# In Christ Jesus



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### 3. **Thanksgiving reminds and anticipates.**

- a) **Are humbled**
- b) **Remember past help**
- c) **Anticipate future help**
- d) **Alertness in prayer**



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## 4. Prayer aligns our thinking.

- a) Makes us aware that God is sovereign



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## 4. Prayer aligns our thinking.

- b) Reminds us that God cares about us and our needs

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## 4. Prayer aligns our thinking.

- c) Specific requests give us something concrete to trust God for

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## 4. Prayer aligns our thinking.

- d) Prepares your heart for what God is about to do



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## 4. Prayer aligns our thinking.

- e) Reminds us that we are dependent on God for everything

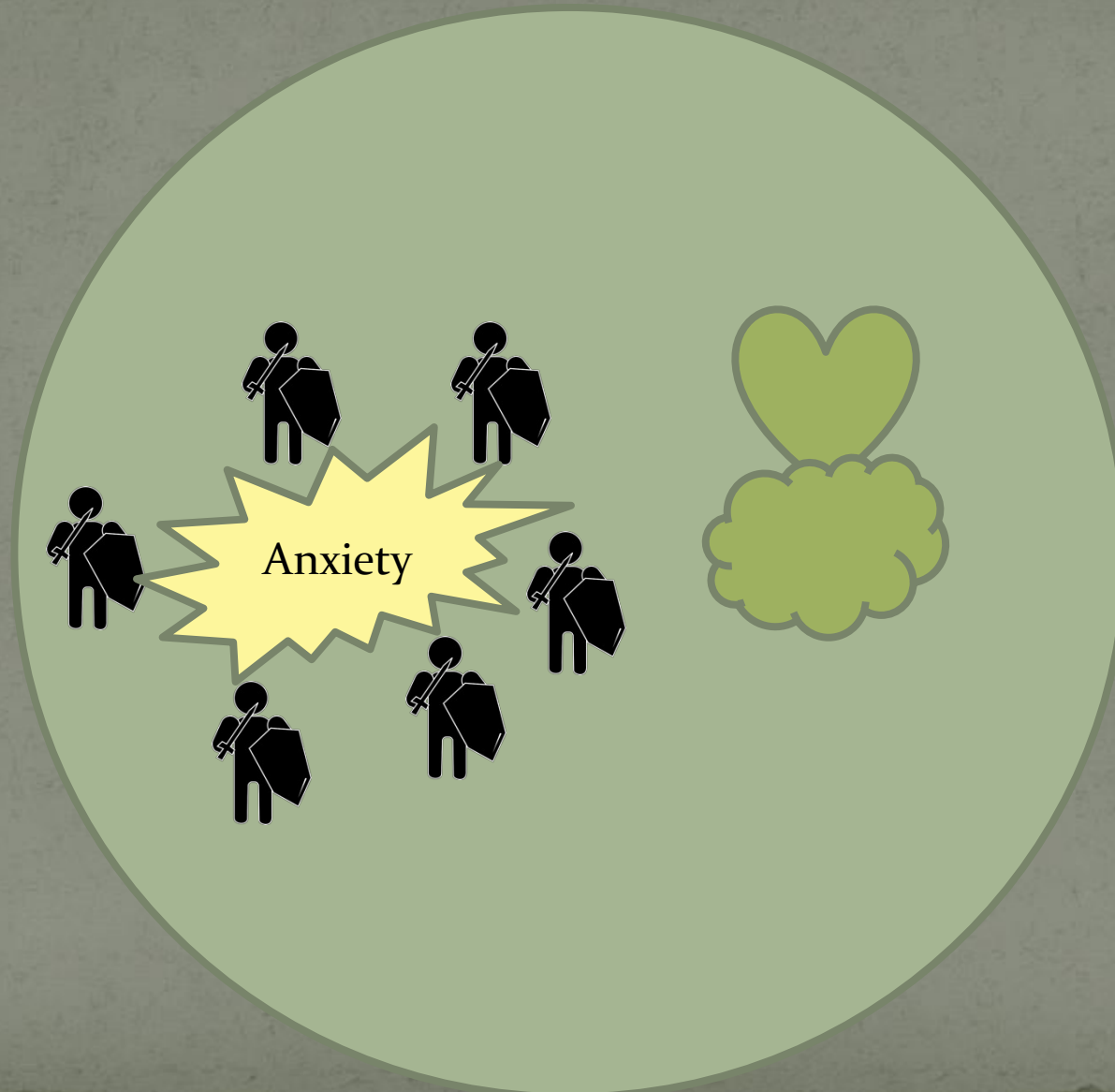
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*How does God's peace protect us?*



**5. Promises provide a solid foundation.**

# In Christ Jesus





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*How does God's peace protect us?*



In Christ Jesus



Commands



Thanksgiving



Prayer



Promises