

Our Daily Bread

Heidelberg Catechism, Lord's Day 50

1. WHAT IS BREAD? When we pray for “our daily bread” we are praying for both _____ and _____ provision from God.

- a. The Catechism interprets “bread” as representing “all our physical needs,” and so this is primarily a prayer for God to _____ for the things of this life.
- b. It has been common in church history to interpret this petition as referring to more than physical bread.

And he humbled you and let you hunger and fed you with manna, which you did not know, nor did your fathers know, that he might make you know that man does not live by bread alone, but man lives by every word that comes from the mouth of the LORD. (Deuteronomy 8:3)
 Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.” (John 6:35)

- c. The Reformed tradition has wisely recovered the biblical theme of the _____ of creation and ordinary providence.

2. DELIGHTING IN THE ORDINARY: We ought to wisely (and _____!) appreciate the multitude of ways in which God is at work providing us with the things of this life in the way of ordinary providence.

- a. It is not as though God provides some things and the creation supplies the rest; rather, God is involved in upholding and sustaining all things at _____ moment (Colossians 1:15-17).
- b. This petition of the Lord's Prayer is summarizing what has _____ been expressed in the Psalms: Psalm 145:15-16, Psalm 104:10-15 (notice especially v. 14).
- c. Every moment of life ought to be charged with the _____ of this!

3. FORMED BY THE LORD'S PRAYER: This prayer forms in us an orientation toward God as our _____ in all of life: “you are the only source of everything good.”

- a. This _____ vs. Gnosticism

For everything created by God is good, and nothing is to be rejected if it is received with thanksgiving (1 Timothy 4:4)

- b. This prayer vs. _____ (Matthew 6:24, 33)
- c. This prayer vs. _____ (James 4:13-17)
- d. This prayer vs. _____ (Matthew 6:32)
- e. It is good news that God calls us to _____ him alone.